### LIFE AFTER STROKE-FIVE YEARS OF GROWING

Presented by Carly Nunn

#### Pre-Stroke Life



Four months before my stroke



One week before my stroke

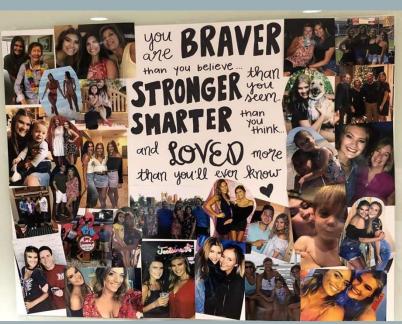


One day before my stroke

#### First Days in the ICU

"Left Frontoparietal Intracerebral Hemorrhage"

"Posterolateral to the intracerebral hemorrhage are enlarged arteries and draining veins, compatible with an arteriovenous malformation."







Craniotomy: November 20, 2018













# Time Throughout My Inpatient Stay





#### Life Post-Stroke











#### What I Have Accomplished



Graduated from UC with Bachelor's Degree in Social Work in December of 2020.



Instructor for adult **English Speakers of** Other Languages (2021present)



Education

# My Biggest Takeaways and Recommendation for Current and Future Medical Professionals:

- Recognition of a patient's life stage and consideration of unique needs (socioemotional, vocational, identity) of a young adult stroke survivor.
  - The importance of access to mental health resources during inpatient and outpatient treatment.
  - Introduction to the grief process in entering a new 'normal'.

## References:

Borst, Adrianna R., Dell'Aira, Amanda D., Dietz, Aimee, Senkiw, Nicole A., Nunn, Carly J. (2021). "I'm Not Like Your Other Patients": A Young Stroke Survivor's Perspective on the Rehabilitation Process. Department of Communication Science & Disorders, University of Cincinnati.

UC Alumni Association. (2021, April 20). *UC College of Allied Health Sciences PRaISE Celebration*2021. YouTube. <a href="https://www.youtube.com/watch?v=VeypK4SLnro">https://www.youtube.com/watch?v=VeypK4SLnro</a>