

LIFE AFTER STROKE- FIVE YEARS OF GROWING

Presented by Carly Nunn

Pre-Stroke Life



Four months before my stroke



One week before my stroke



One day before my stroke

First Days in the ICU

“Left Frontoparietal Intracerebral Hemorrhage”

“Posterolateral to the intracerebral hemorrhage are enlarged arteries and draining veins, compatible with an arteriovenous malformation.”



Craniotomy: November 20, 2018



Time Throughout My Inpatient Stay



Life Post-Stroke



What I Have Accomplished



Graduated from UC with Bachelor's Degree in Social Work in December of 2020.



Instructor for adult English Speakers of Other Languages (2021-present)



Stroke Advocacy and Education

My Biggest Takeaways and Recommendation for Current and Future Medical Professionals:

- Recognition of a patient's life stage and consideration of unique needs (socioemotional, vocational, identity) of a young adult stroke survivor.
- The importance of access to mental health resources during inpatient and outpatient treatment.
- Introduction to the grief process in entering a new 'normal'.

References:

- Borst, Adrianna R., Dell'Aira, Amanda D., Dietz, Aimee, Senkiw, Nicole A., Nunn, Carly J. (2021). "I'm Not Like Your Other Patients": A Young Stroke Survivor's Perspective on the Rehabilitation Process. Department of Communication Science & Disorders, University of Cincinnati.
- UC Alumni Association. (2021, April 20). *UC College of Allied Health Sciences PRAISE Celebration 2021*. YouTube. <https://www.youtube.com/watch?v=VeypK4SLnro>