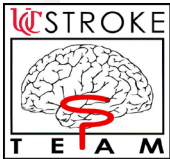


# Prehospital Emergency Stroke Care

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Co-Director, UC Stroke Team  
University of Cincinnati College of Medicine

October 24, 2025





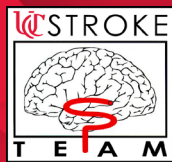
# Objectives

- Explain the importance of prehospital acute stroke recognition.
- Describe how a coordinated stroke system of care facilitates timely diagnosis and treatment for patients with acute stroke.
- Identify capabilities of a mobile stroke unit that facilitate efficient diagnosis and treatment of acute neurological emergencies.



# Disclosures

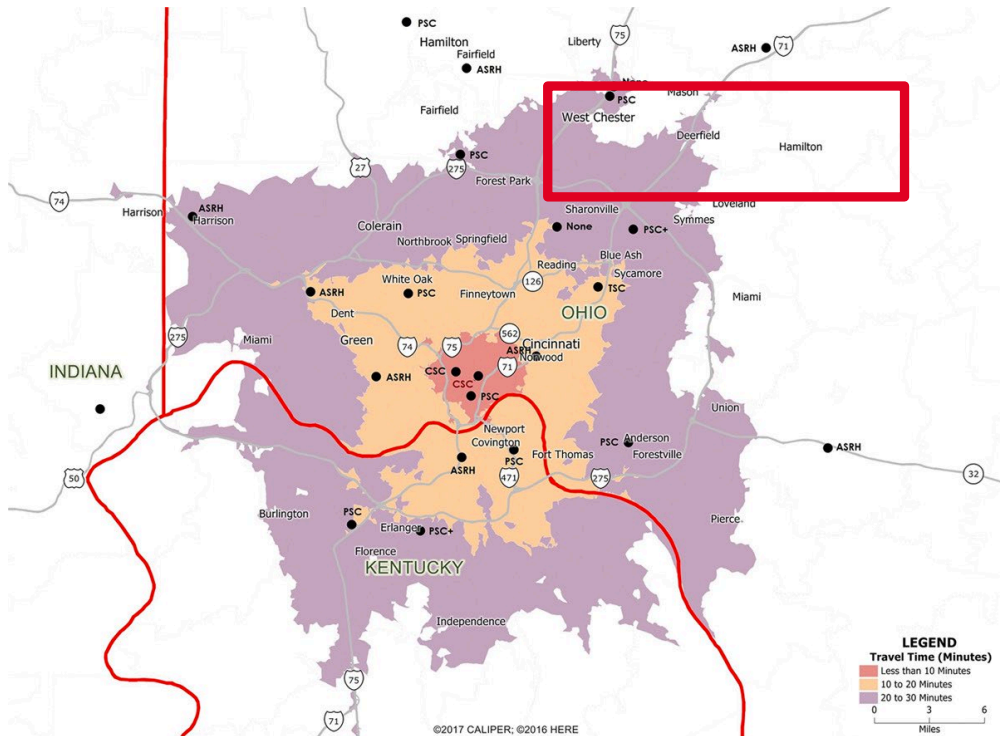
- **FINANCIAL DISCLOSURE:**
  - Grant Support: NINDS U01-NS131197
  - Project Support: Prehospital Guidelines Consortium
  - Past Travel: American Stroke Association Advisory Committee
- **UNLABELED/UNAPPROVED USES DISCLOSURE:**
  - Tenecteplase and alteplase for acute ischemic stroke reperfusion in patients with last known well > 3 hours



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  - Several EMS Agencies in SW Ohio

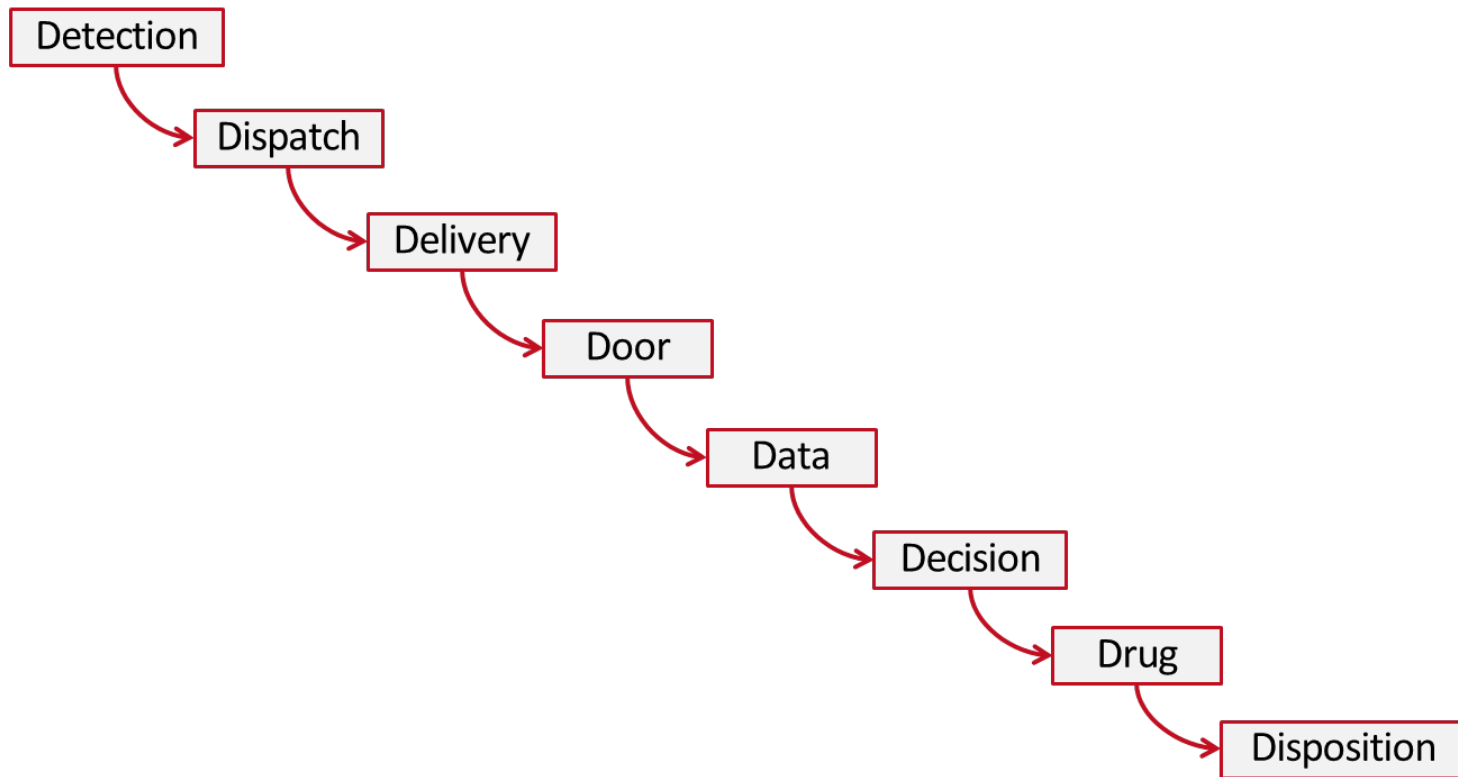
# Disclosures



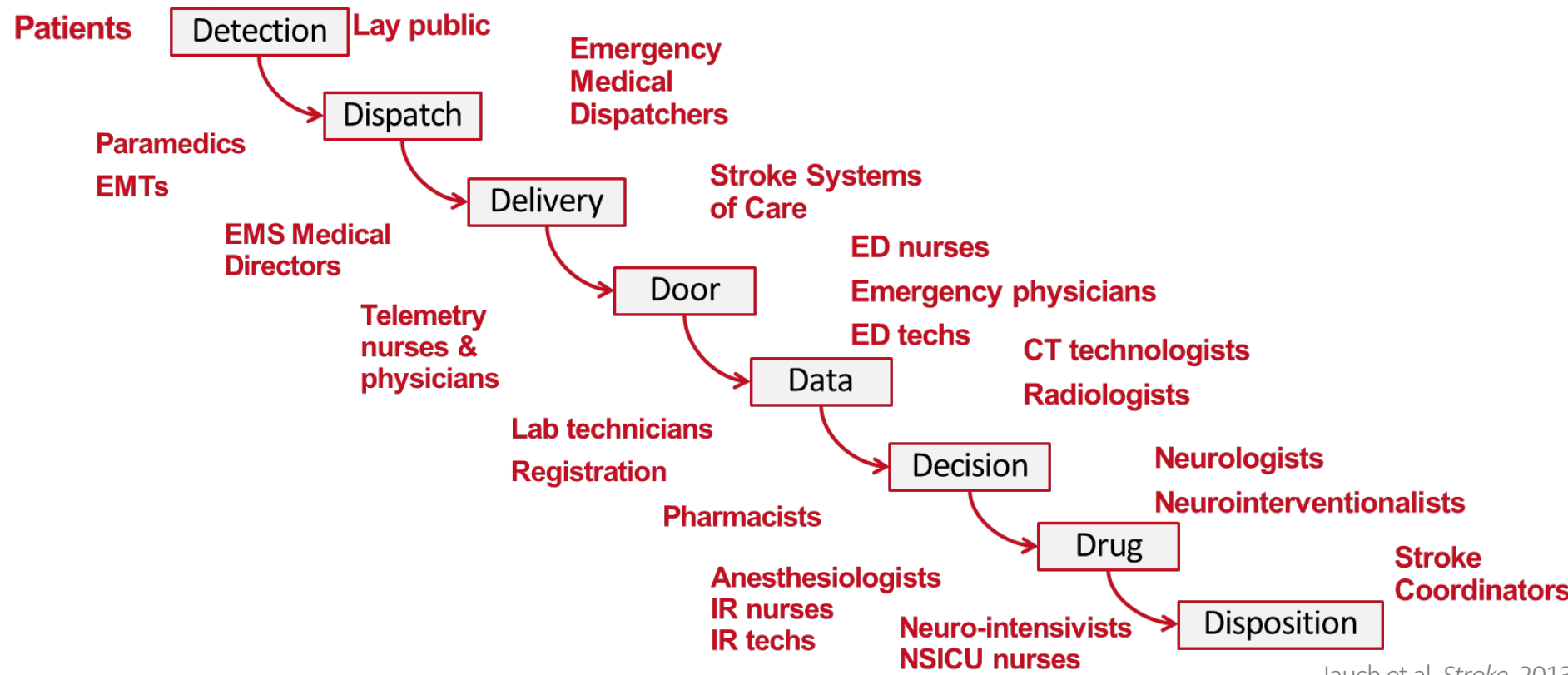
- Saver *et al.* *JAMA*. 2013.
  - “Time is brain” adage
    - 2 million brain cells per minute of stroke
  
- For every 15-minute increment reduced treatment time:
  - Reduced in-hospital mortality (OR 0.96; 0.95-0.98)
  - Increased discharge home (1.03; 1.02-1.04)
  - Increased independent ambulation at discharge (1.04; 1.03-1.05)
  - Reduced symptomatic ICH (OR 0.96; 0.95-0.98)



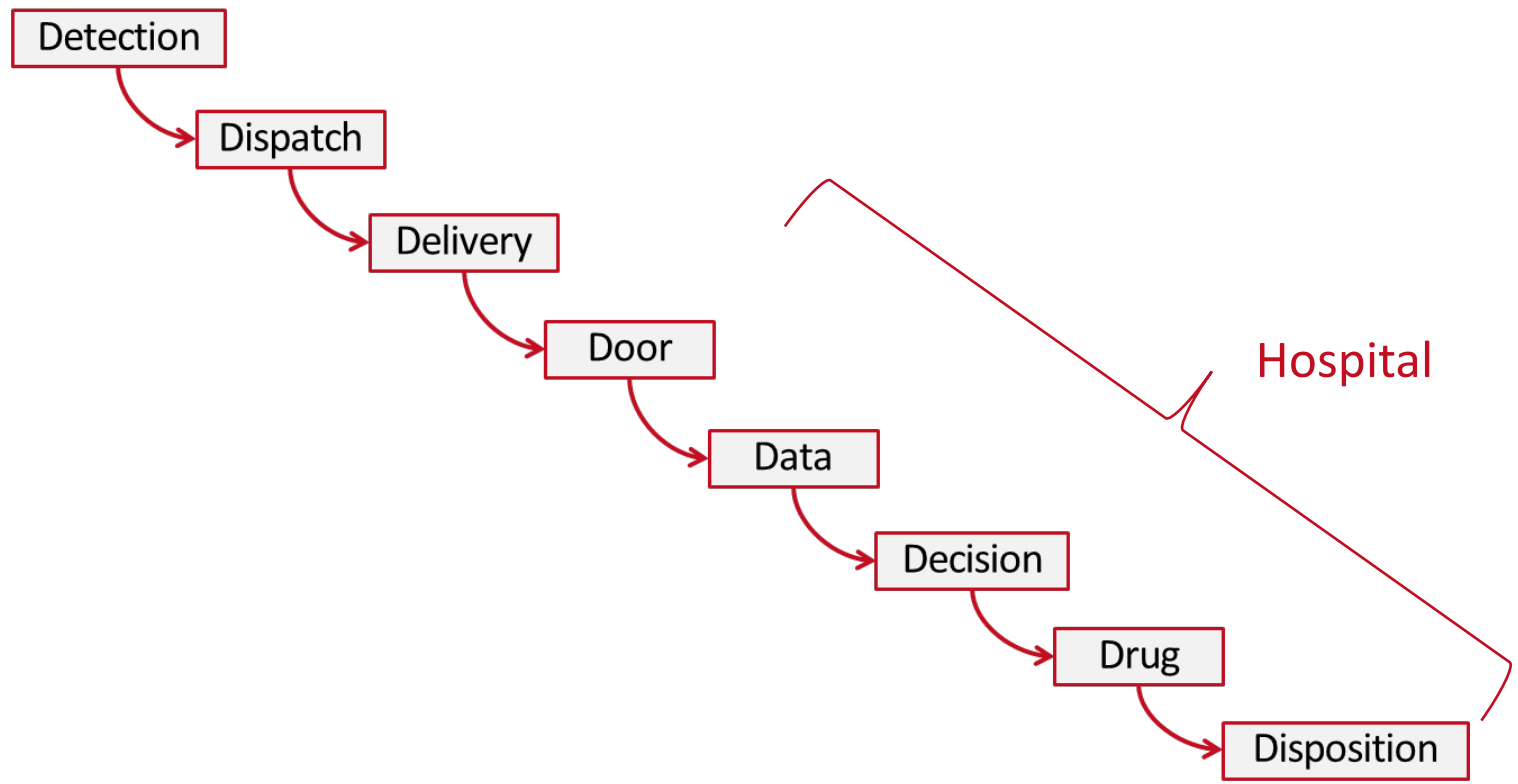
# Stroke Chain of Survival



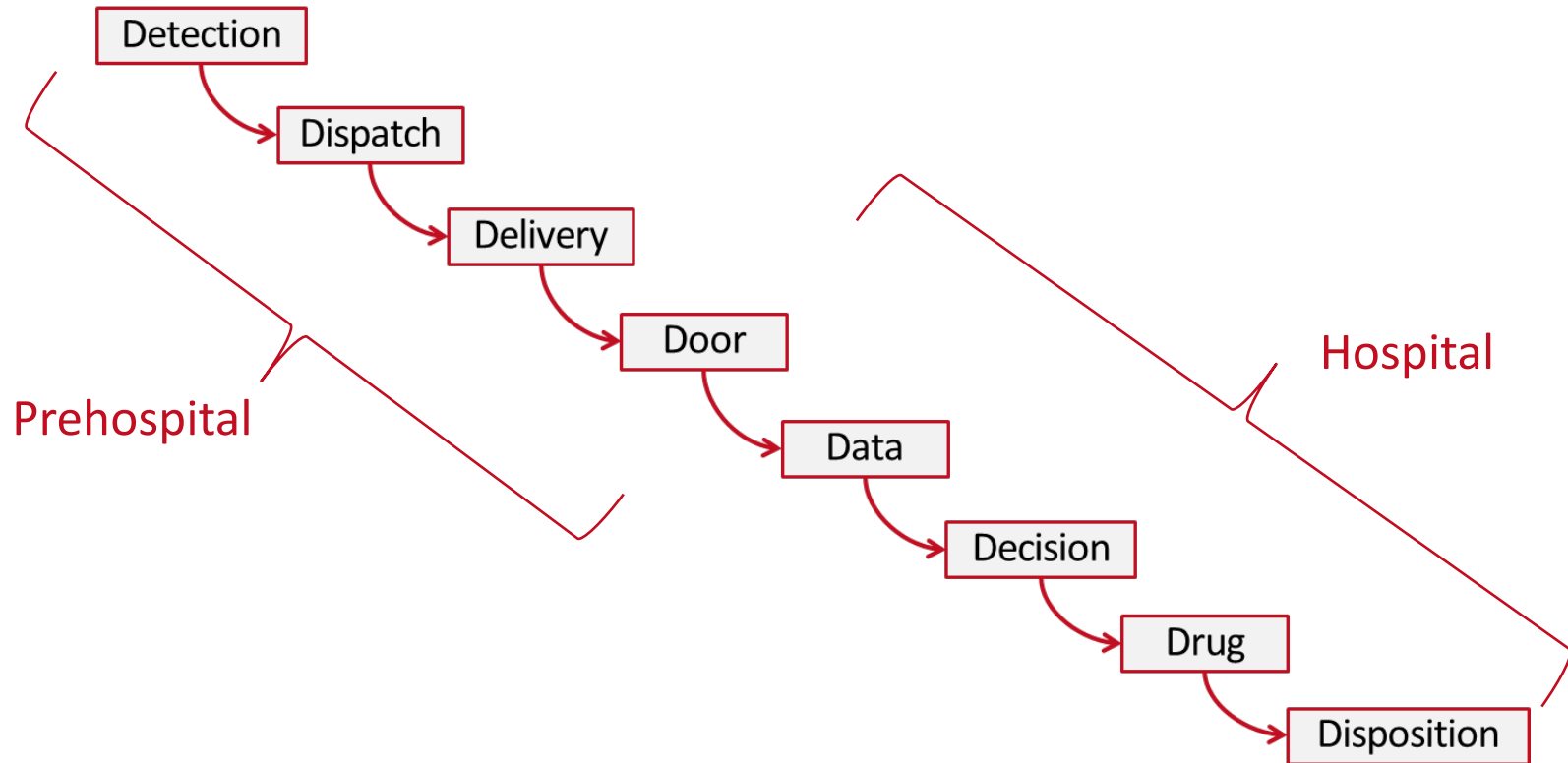
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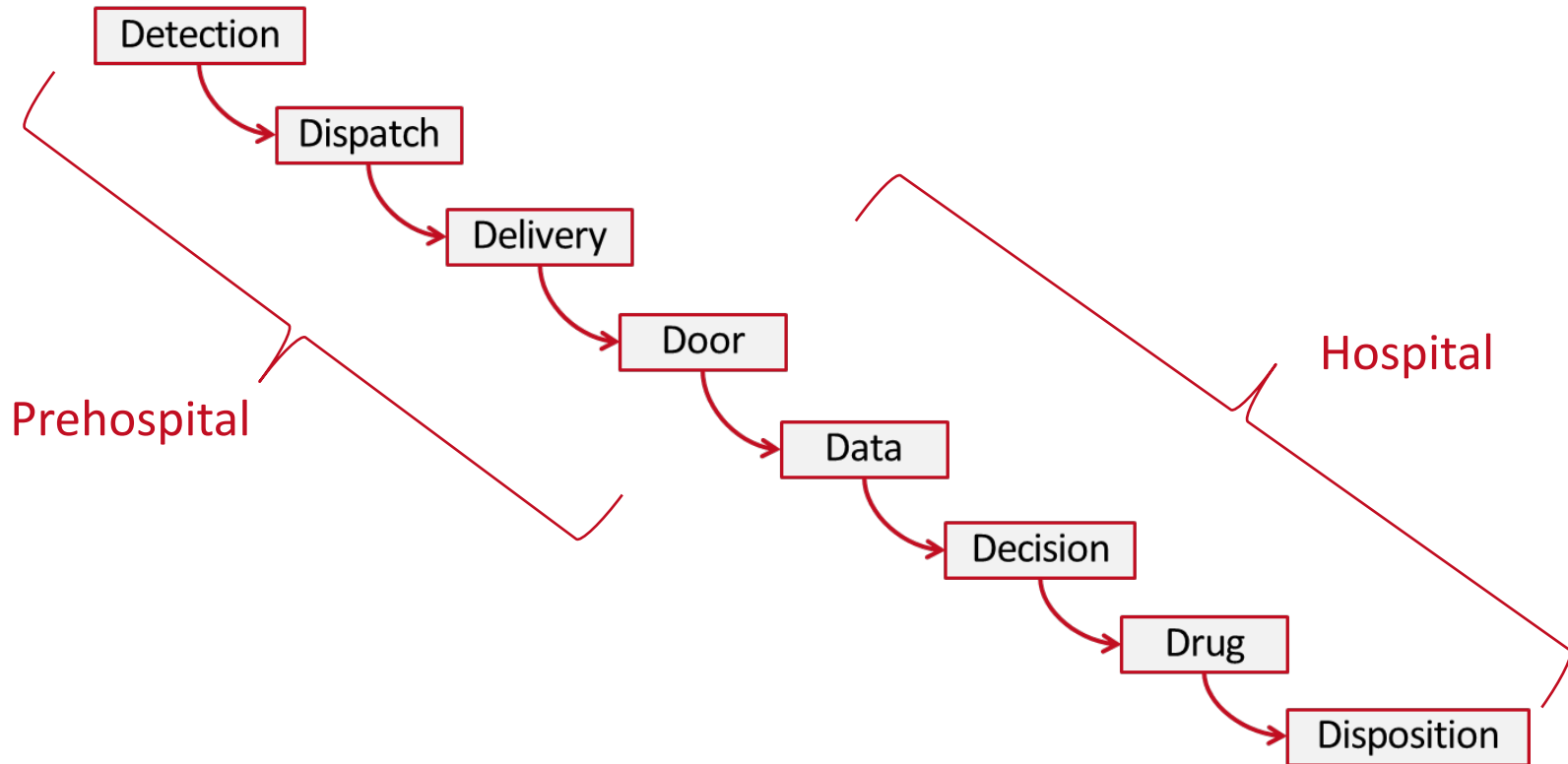
# Stroke Chain of Survival



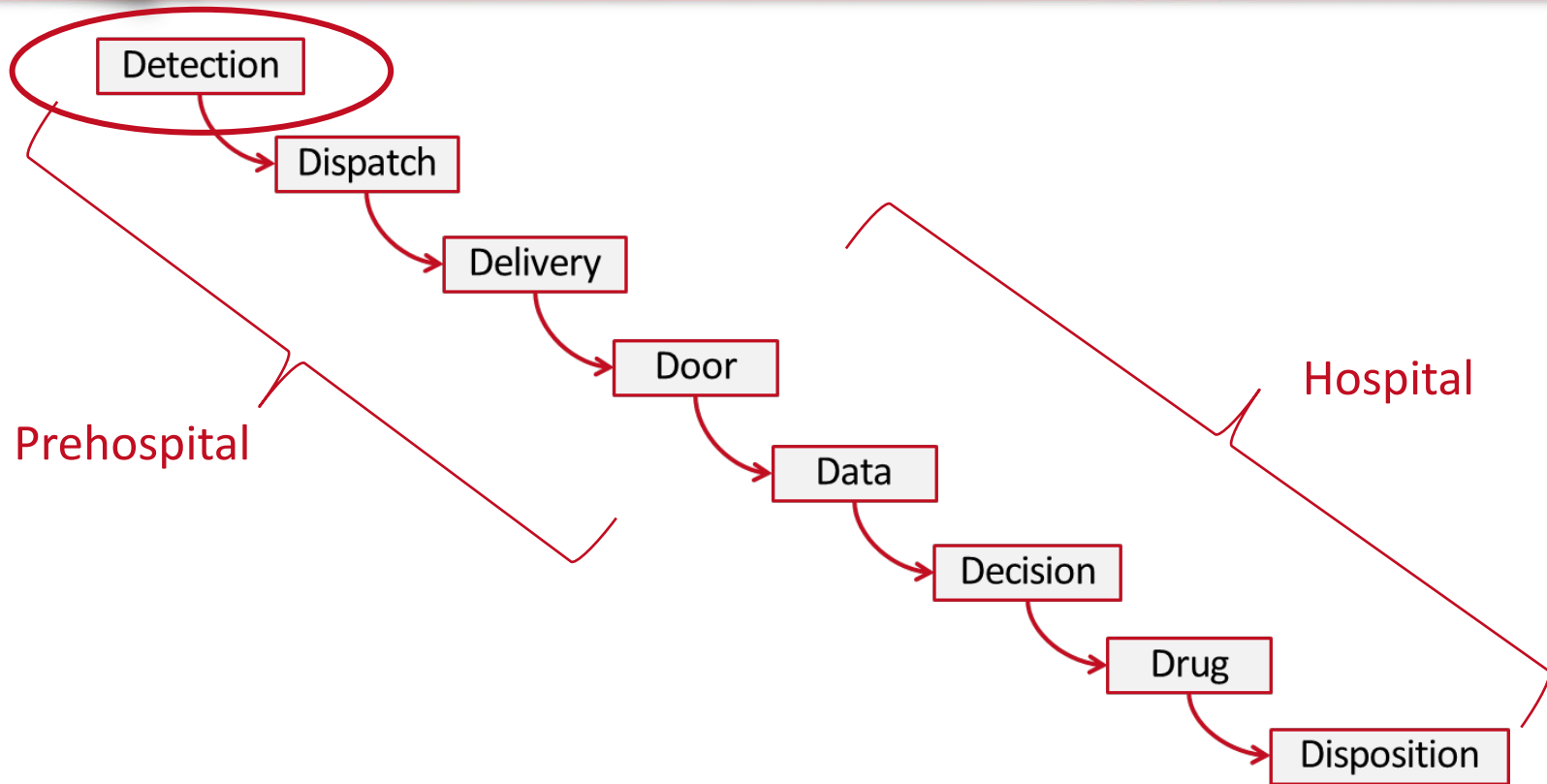
# Stroke Chain of Survival



# Only as Strong...



# Layperson Stroke Recognition



# Layperson Stroke Recognition



**R**

Rostro caído.



**Á**

Alteración del equilibrio.



**P**

Pérdida de fuerza en el brazo o una pierna.



**I**

Impedimento visual repentino.



**D**

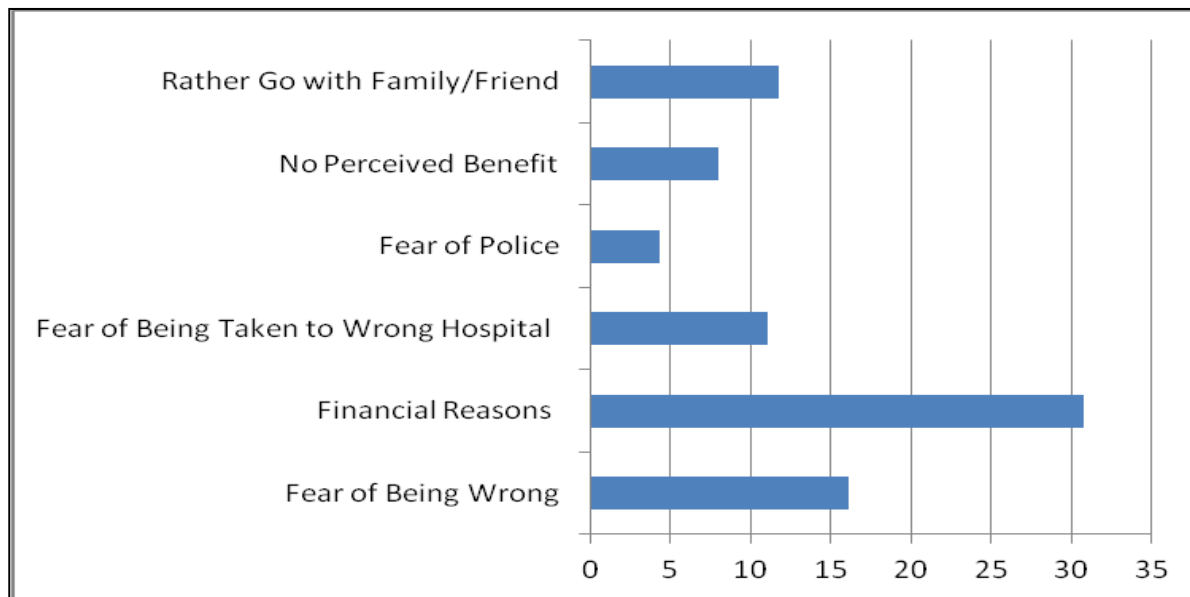
Dificultad para hablar.



**O**

Obten ayuda. Llama al 911.

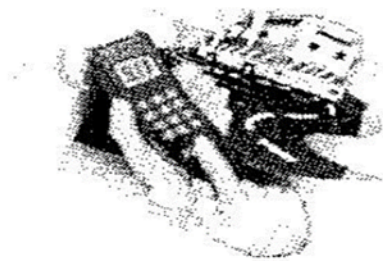
# More Than Just Recognition





- Community intervention in two South Side Chicago neighborhoods with proximity to primary stroke centers
- “Stroke promoters”
  - Trained laypersons from the target community
  - Taught peers about 9-1-1 for acute stroke



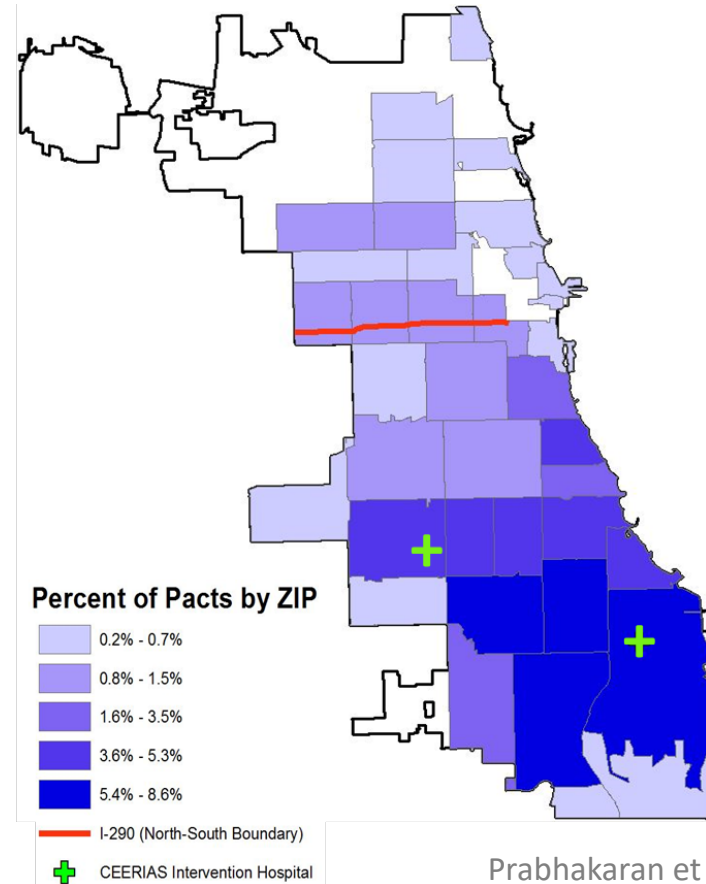


## My Personal **PACT TO ACT F.A.S.T.**

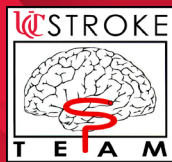
signed by: \_\_\_\_\_

- Anytime, anywhere I observe a person with any of the FAST signs of stroke, **I will call 911 immediately**, even if the person says they want to wait. I know with stroke every second counts and with every second, the average stroke patient loses 32,000 brain cells.
- **F—FACE:** Ask the person to smile. Does one side of the face droop?
- **A—ARMS:** Ask the person to raise both arms. Does one arm drift downward?
- **S—SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?
- **T—TIME:** If you observe any of these signs, call 9-1-1 immediately

- 242 Community Promoters
  - 81 Black Men
  - 133 Black Women
  - 4 Hispanic Men
  - 5 Hispanic Women
  - 3 NH White Men
  - 16 NH White Women
- 39,795 Pact to Act FAST Pledges returned



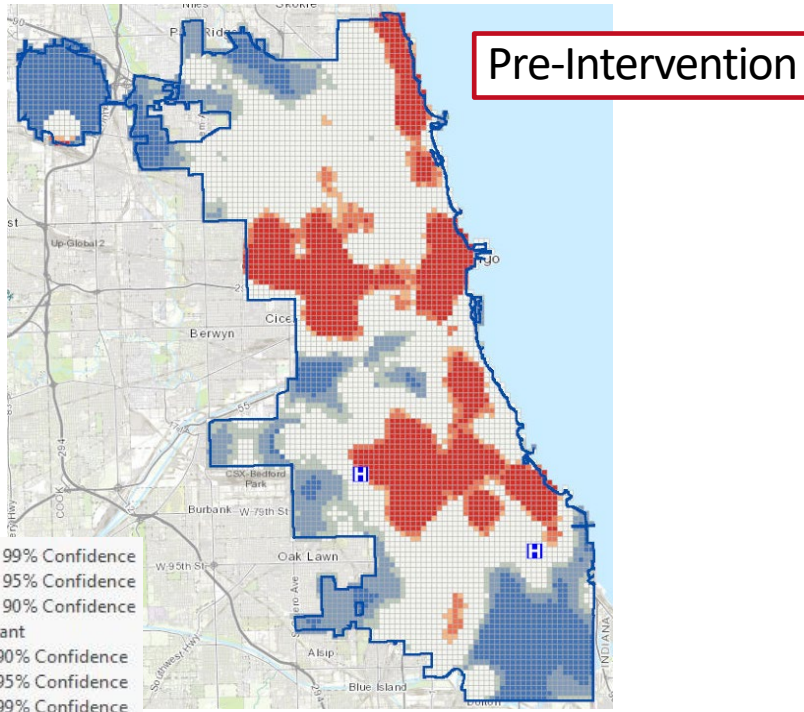
- Primary Outcomes:
  - Increase EMS utilization for confirmed stroke
  - Improve early arrival for confirmed stroke
- Overall negative study
- But! Early arrival was significantly improved in certain subgroups:
  - Age < 66 years (0.8%/month increase;  $p=0.036$ )
  - African-Americans (0.9%/month increase;  $p=0.037$ )
  - Men (1.2%/month increase;  $p=0.026$ )



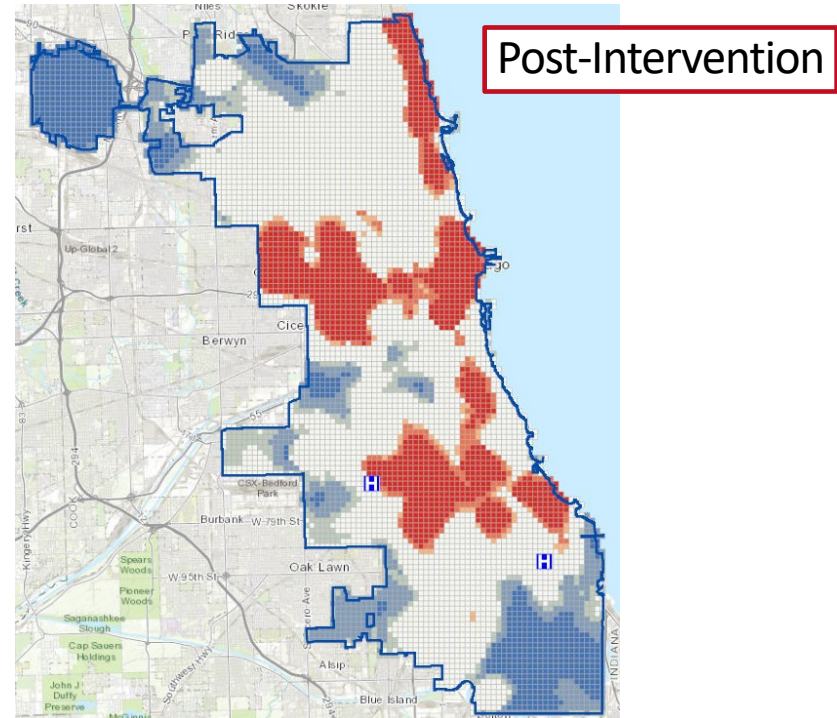
# Impact on Stroke-Specific Transports?

- All EMS calls from the municipal EMS provider agency with:
  - Paramedic impression of stroke
  - Direct transport to a stroke center
- No additional training in stroke for EMS providers
- Timeline
  - Pre-intervention: April 2014 through November 2015
  - Post-intervention: April 2016 through November 2017
- GIS hot spot analysis
  - Getis-Ord  $G_i^*$  analysis was used to identify hot spots for EMS calls with paramedic impression of suspected stroke
  - Statistical hot and cold spots are defined as areas where there is <1% chance of case clusters occurring by chance

## City-wide EMS utilization

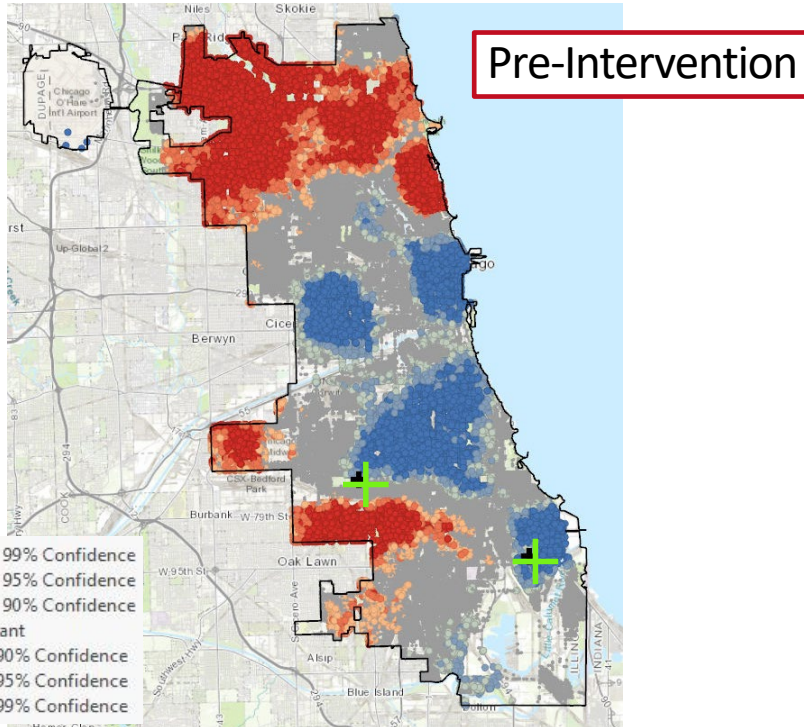


n= 418,796



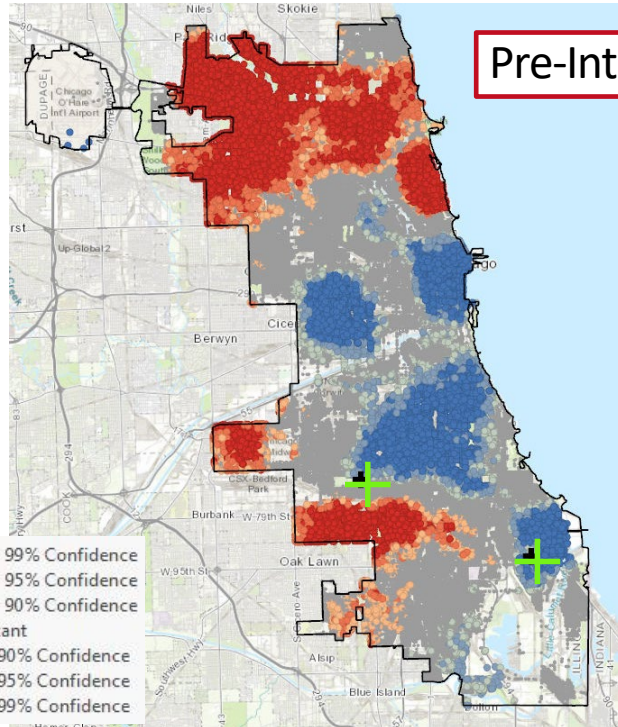
n= 430,426

## Paramedic-suspected stroke EMS transports

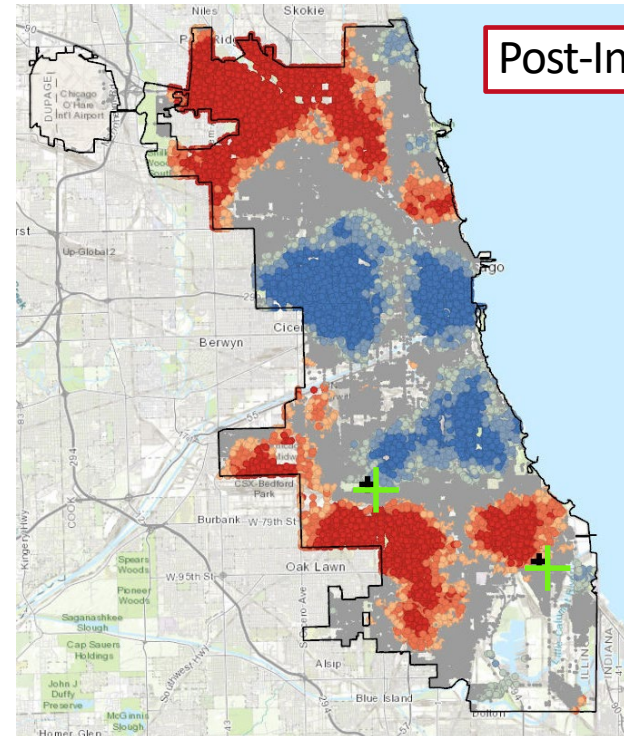


n= 4,246

## Paramedic-suspected stroke EMS transports

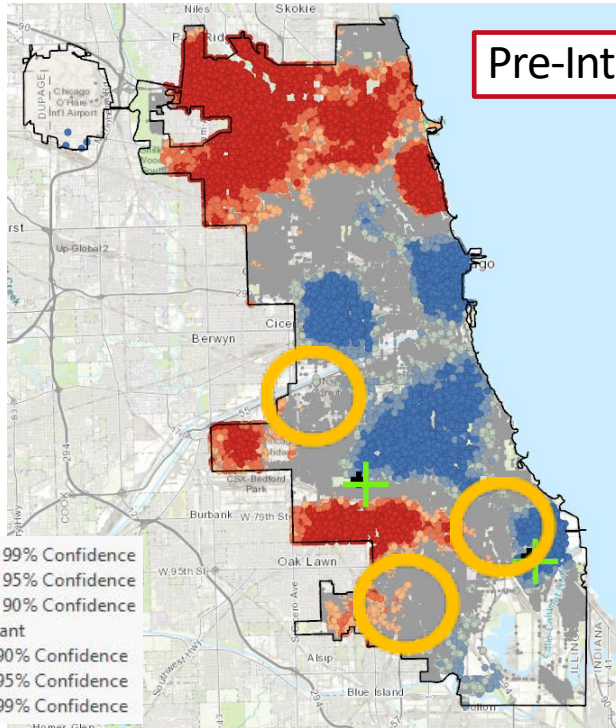


n= 4,246

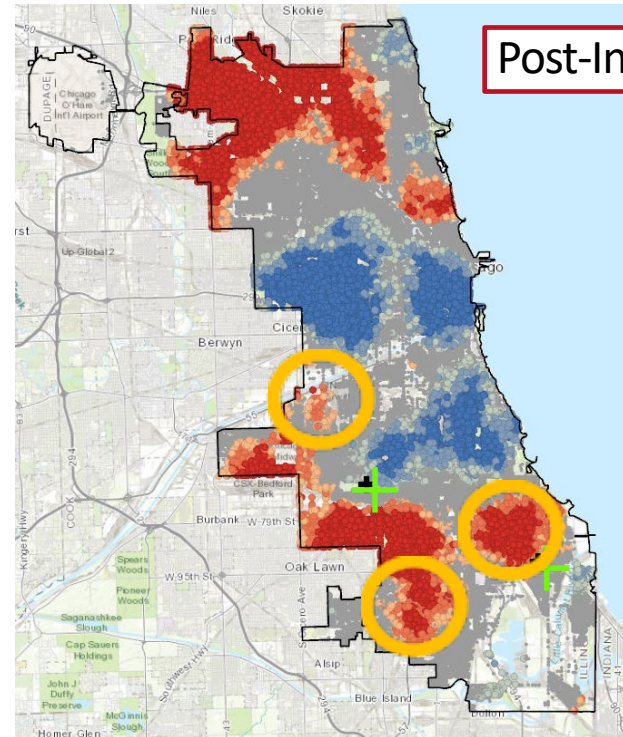


n= 4,875

## Paramedic-suspected stroke EMS transports



n= 4,246



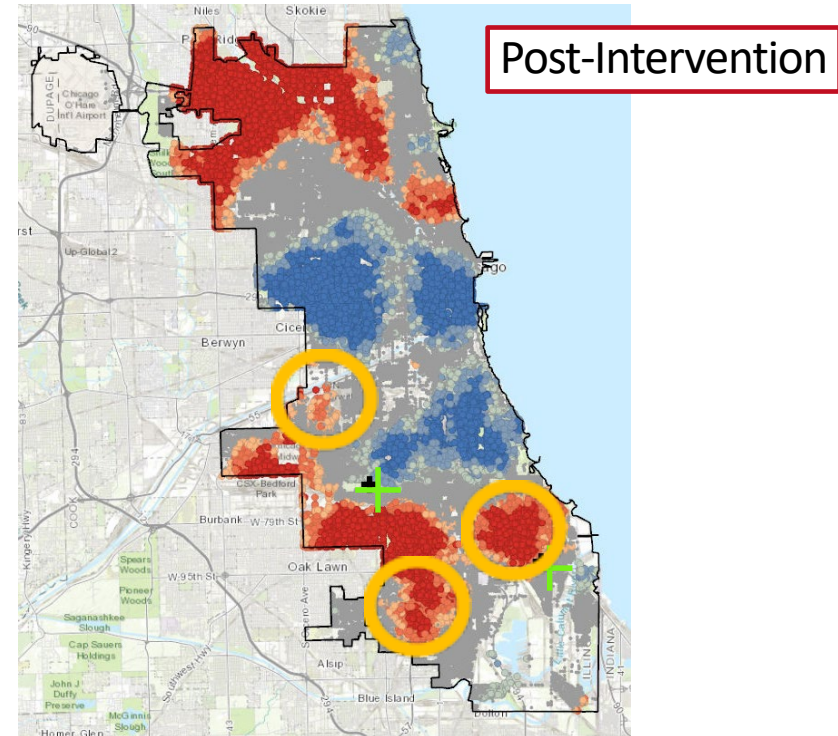
n= 4,875

# CEERIAS EMS Sub-Analysis

	Pre-intervention (suspected stroke/ total EMS calls)	Post-intervention (suspected stroke/ total EMS calls)	Odds ratio (95%CI)	p value
Near secondary hospital (1.5 mi radius)	92/10,125 (0.91%)	122/9,345 (1.31%)	1.4 (1.1, 1.9)	0.008

	Pre-intervention (suspected stroke/ total EMS calls)	Post-intervention (suspected stroke/ total EMS calls)	Odds ratio (95%CI)	p value
Near included target hospital (1.5 mi radius)	181/19,862 (0.91%)	298/19,862 (1.50%)	1.7 (1.4, 2.0)	<0.001

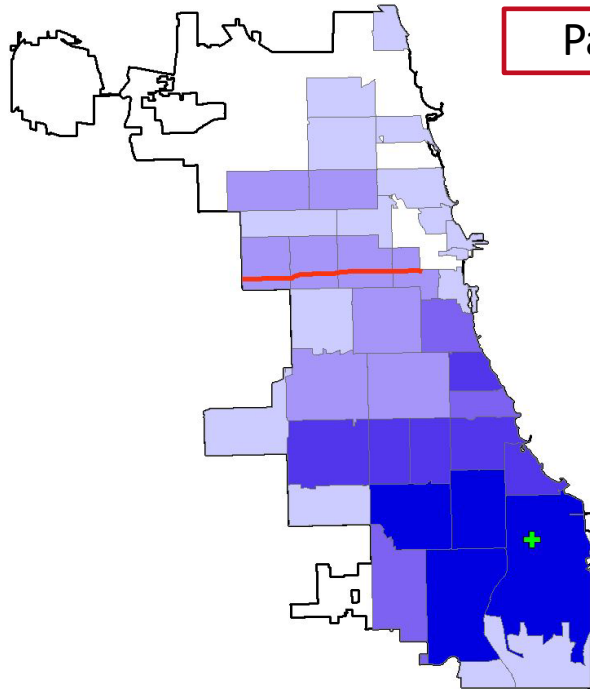
	Pre-intervention (suspected stroke/ total EMS calls)	Post-intervention (suspected stroke/ total EMS calls)	Odds ratio (95%CI)	p value
Between included hospitals (2 mi radius)	187/18,227 (1.03%)	269/18,849 (1.43%)	1.4 (1.2, 1.7)	<0.001



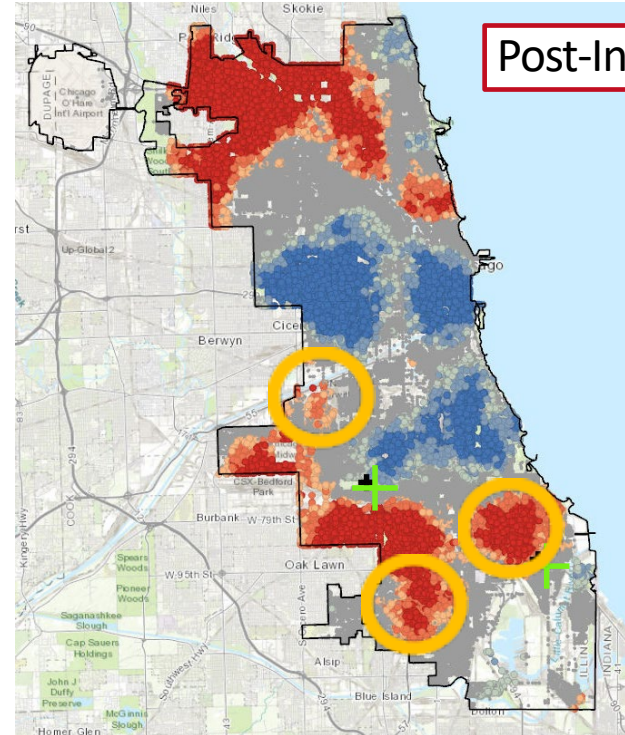
n = 4,875

Prabhakaran et al. *JAHA*. 2020

## Paramedic-suspected stroke EMS transports



Pacts by ZIP



Post-Intervention



# CEERIAS EMS Sub-Analysis

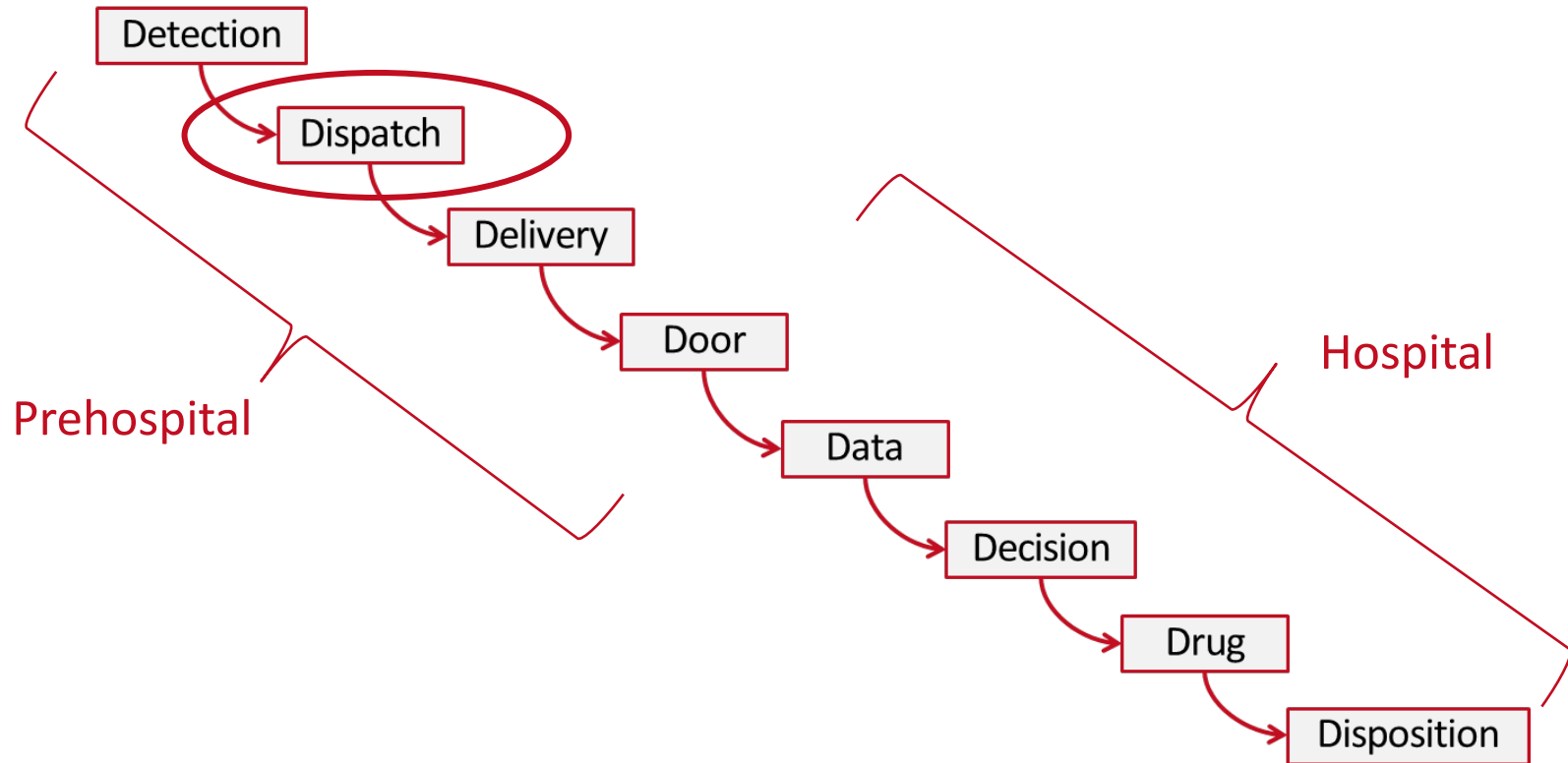
	Pre-intervention (suspected stroke/ total EMS calls)	Post-intervention (suspected stroke/ total EMS calls)	Odds ratio	P value
North Side	1,904/158,408 (1.20%)	1,978/162,947 (1.21%)	1.0	0.757
South Side	2,342/260,388 (0.90%)	2,897/264,582 (1.08%)	1.2	<0.001



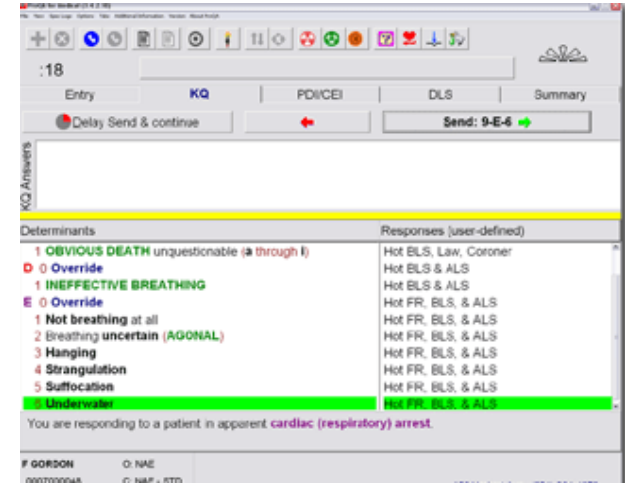
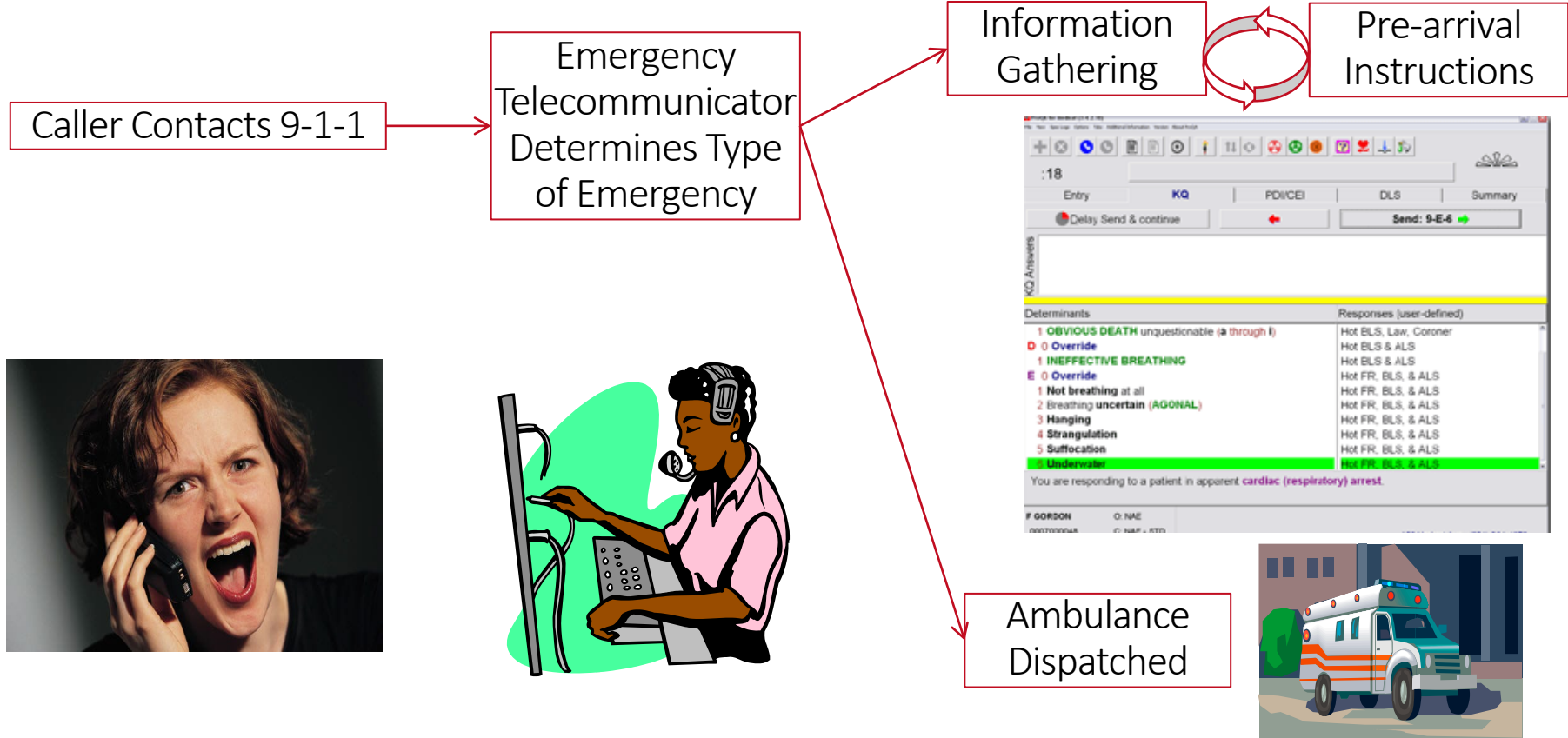
# CEERIAS EMS Sub-Analysis

- Reasons for the observed increase?
  - Patients with true stroke are calling 9-1-1 more?
  - May be calling from other parts of the city (e.g., from work)?
  - Patients with true emergencies are calling 9-1-1 more?
  - Patients with stroke mimics are calling 9-1-1 more?
- **Patients are using clearer, more stroke-specific language when interacting with 9-1-1 dispatchers and paramedics?**

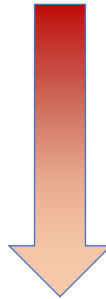
# Stroke Chain of Survival



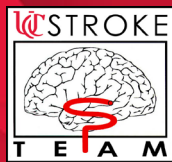
# 9-1-1 Call Taking



Identification of stroke during 9-1-1 call



*10-minute reduction* in scene-to-hospital-arrival time



# 9-1-1 Call Interaction

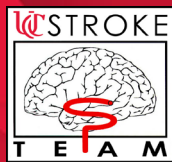
- Transcribed 110 9-1-1 call recordings for confirmed acute stroke
- Content analysis and word frequency analysis
- Telecommunicators recognized stroke in 48% of calls
  - Median call duration was 61 seconds

# Words Matter!

Word/Phrase Used by the 9-1-1 Caller	EMD Recognized Stroke (n=53)	EMD Unrecognized Stroke (n=57)	p-value <sup>a</sup>
<i>Stroke</i>	43 (81.1%)	1 (1.8%)	<0.0005
<i>Think</i>	28 (52.8%)	4 (7.0%)	<0.0005
<i>Having a stroke</i>	21 (39.6%)	1 (1.8%)	<0.0005
<i>Had a stroke</i>	10 (18.9%)	0 (0%)	0.001
<i>Slurred</i>	12 (22.6%)	2 (3.5%)	0.004
<i>Awake</i>	9 (17.0%)	1 (1.8%)	0.006
<i>Mouth</i>	6 (11.3%)	0 (0%)	0.007
<i>Twisted</i>	6 (11.3%)	0 (0%)	0.007
<i>Side</i>	17 (32.1%)	6 (10.5%)	0.011
<i>Face</i>	7 (13.2%)	1 (1.8%)	0.017
<i>Awake and breathing</i>	4 (7.5%)	0 (0%)	0.023

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<i>Awake and breathing</i>	4 (7.5%)	0 (0%)	0.023



# Words Matter!

Callers' Descriptors Used	Percent of Calls
Vague non-specific symptoms described	55%
Stroke mimics and distractors described	45%
Focal neurologic symptoms described	39%
Unprompted use of the word "stroke"	38%
Time of symptom onset given	5%

- Encourage 9-1-1 callers to say “stroke”!

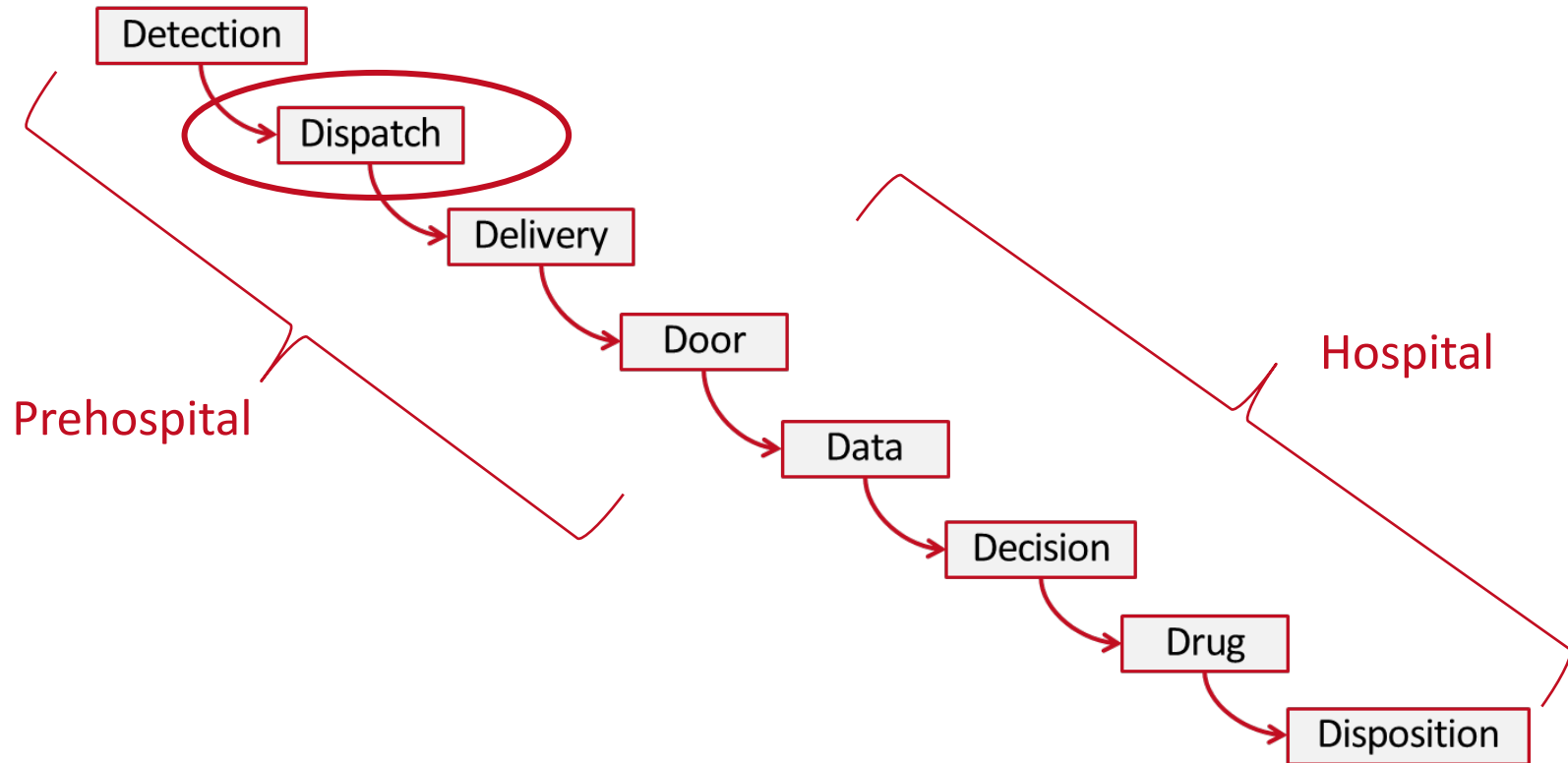


My Personal  
**PACT TO ACT F.A.S.T.**

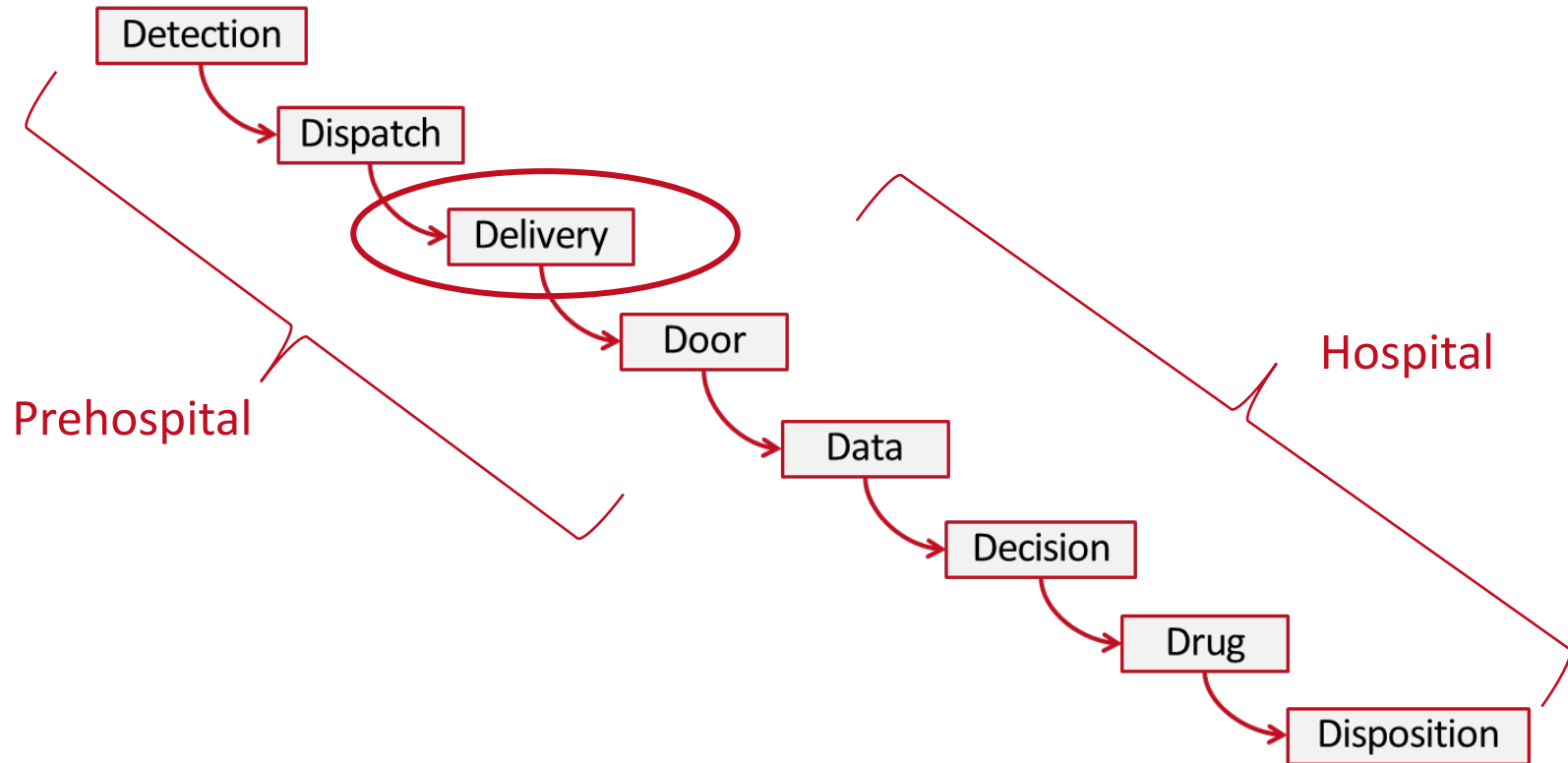
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- **F—FACE:** Ask the person to smile. Does one side of the face droop?
- **A—ARMS:** Ask the person to raise both arms. Does one arm drift downward?
- **S—SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?
- **T—TIME:** If you observe any of these signs, call 9-1-1 immediately

# Stroke Chain of Survival



# Stroke Chain of Survival

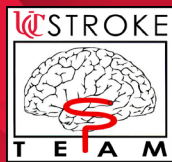


- EMS Stroke Recognition
- Severity Screening
- Prenotification
- Destination



- EMS Stroke Recognition





# EMS Recognition

	EMS Suspected Stroke (n, %) (n=595)	EMS Non-Suspected Stroke (n, %) (n=273)	Unadjusted p-value	Adjusted p-value*
Received thrombolysis	108 (18%)	21 (8%)	<0.01	<0.01
Thrombolysis among patients with LKN 0-4.5 hours	108 (39%) [n=280]	21 (20%) [n=105]	<0.01	<0.01

OR 2.67, 95% CI 1.63-4.47

\*Adjusted for NIHSS, GCS, age, sex, race, and prior stroke history.



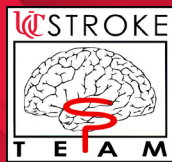
# EMS Recognition

	EMS Suspected Stroke (n, %) (n=595)	EMS Non-Suspected Stroke (n, %) (n=273)	Unadjusted p-value	Adjusted p-value*
ED arrival to thrombolysis, minutes, median (IQR)	64 (49 to 95) [n=108]	83 (72 to 122) [n=21]	0.03	0.02
EMS arrival to thrombolysis, minutes, median (IQR)	91 (76 to 127) [n=105]	118 (95 to 165) [n=20]	0.03	<0.01

\*Adjusted for NIHSS, GCS, age, sex, race, and prior stroke history.

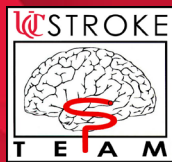
- Retrospective analysis
- ESO Data Collaborative
  - Linked EMS and ED/hospital electronic medical records from across the US
  - Dispatch, paramedic report, ED/hospital diagnosis, and disposition
- 608 EMS agencies across the US





# Association with Outcomes

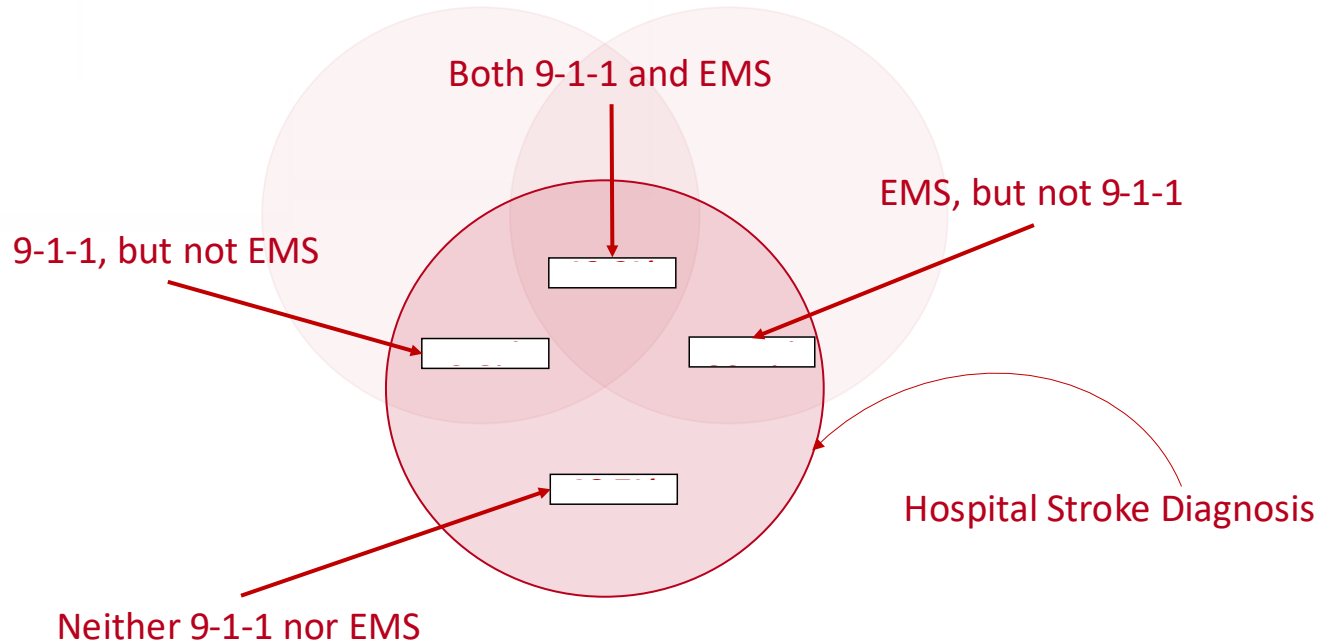
- Inclusion criteria
  - Emergency ground transports
  - Patients  $\geq 18$  years old
  - “Stroke” or “TIA” in any of:
    - 9-1-1 Dispatch Impression
    - EMS Impression
    - ED or Hospital ICD-10
  - Calendar Year 2021
- Exclusion criteria
  - Duplicate encounter
  - Missing any ED/Hospital ICD-10
  - Interfacility transports
- Outcomes
  - Home or short-term acute rehabilitation were considered favorable hospital dispositions
- Statistical Analysis
  - Univariable odds ratios and 95% confidence intervals (95% CI) were used to assess the association between prehospital recognition and hospital disposition



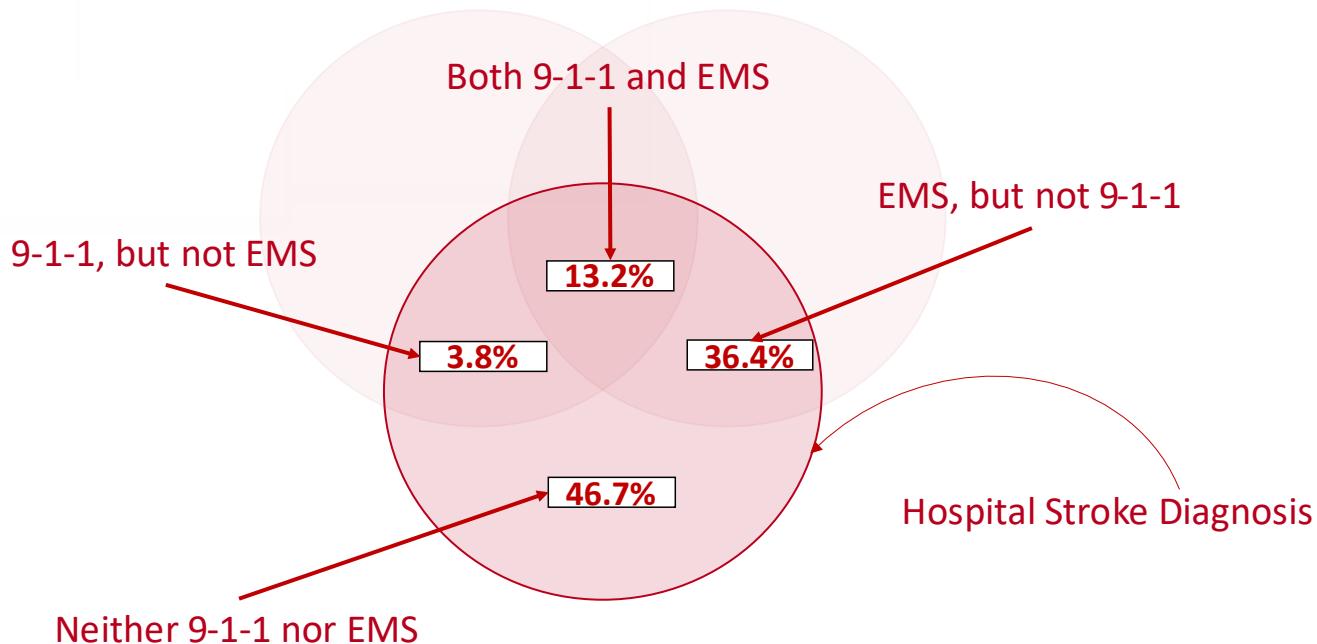
# Association with Outcomes

- Transported from home/community site
  - n=25,461
- Odd ratio for home/short term rehabilitation if stroke recognized by:
  - On-scene EMS: 1.43 (95%CI 1.34-1.52)
  - 9-1-1 Dispatch: 1.55 (95%CI 1.41-1.70)
  - **Both: 1.80** (95%CI 1.62-2.01)

# Identification of Confirmed Stroke



# Identification of Confirmed Stroke



- Prenotification

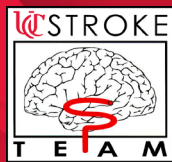


- *Stroke-Specific* Prenotification



**Table 2** Comparison of time parameters and clinical outcomes after iv t-PA use between patients with and without pre-hospital notification

	Without notification	With notification	<i>P</i>
Number	61	30	
Age (year)	62.9 ± 10.9	63.6 ± 12.2	0.78
Men (%)	41	20	< 0.01
Time to onset (min)	74.7 ± 38.5	121.5 ± 34.8	< 0.01
Door to needle (min)	47.7 ± 22.8	28.9 ± 11.4	< 0.01
Time to needle (min)	122.6 ± 37.8	150.4 ± 34.9	< 0.01
CT based (%)	35	10	< 0.01
CT based D to N (min)	42.2 ± 19.8	26.6 ± 13.8	0.02



# Stroke-Specific Prenotification

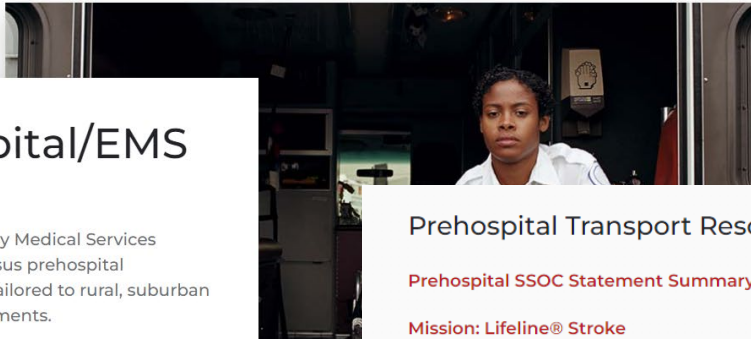


25

[Stroke Symptoms](#) [Volunteer](#) [SHOP](#) [DONATE NOW](#) [Q](#)

[About Stroke](#) [Life After Stroke](#) [Help and Support](#) [Healthy Living](#) [Professionals](#) [Get Involved](#) [In Your Community](#)

[Home](#) / [Professionals](#) / [Stroke Resource Library](#) / [Prehospital/EMS](#)

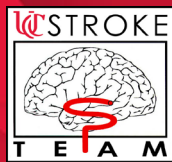


## Prehospital/EMS Care

NEW for Emergency Medical Services personnel! Consensus prehospital destination plans tailored to rural, suburban and urban environments.

### Prehospital Transport Resources

- [Prehospital SSOC Statement Summary \(PDF\)](#) >
- [Mission: Lifeline® Stroke](#) >
- [EMS Stroke Alert Form \(PDF\)](#) >
- [Stroke Training for EMS Professionals \(PDF\)](#) >
- [Stroke Training for EMS Professionals \(Presentation\)](#) >
- [Recommendations for Regional Stroke Destination Plans in Rural, Suburban, and Urban Communities from the Prehospital Stroke System of Care Consensus Conference](#) >
- [Stroke Transport Rural \(Infographic\)](#) >
- [Stroke Transport Suburban \(Infographic\)](#) >
- [Stroke Transport Urban \(Infographic\)](#) >



# Stroke-Specific Prenotification



## EMS Stroke Alert

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

PATIENT/FAMILY EMERGENCY CONTACT		PERSON WHO DISCOVERED SIGNS/SYMPTOMS	
Name:	_____	_____	_____
Phone Number:	_____	_____	_____
<b>STROKE SIGNS &amp; SYMPTOMS (CIRCLE ANY THAT APPLY)</b>			
Slurred speech [ yes / some / no ]	_____	Ataxia [ body ] [ right / left ] [ arm / leg / both ]	_____
Aphasia [ mute / garbled / confused ]	_____	Vision impairment [ one eye / both eyes ] [ right / left ]	_____
Weakness [ right / left ] [ arm / leg / both ]	_____	Other:	_____
Facial droop [ right / left ]	_____		
<b>DATE &amp; TIME</b>			
Last Known Well Time:	_____	AM / PM	_____
Symptom Discovery Time:	_____	AM / PM	_____
<b>PATIENT HISTORY</b>			
Recent surgery or bleeding episodes	NO	YES	Details: _____
Previous brain hemorrhage	NO	YES	Details: _____
Brain cancer	NO	YES	Details: _____
Recent head trauma	NO	YES	Details: _____
Previous stroke (if so when)	NO	YES	Details: _____
Blood thinning medications	NO	YES	[ e.g., (warfarin (Coumadin), apixaban (Eliquis), rivaroxaban (Xarelto), dabigatran (Pradaxa) ]
<b>ASSESSMENT</b>			
Glucose:	_____	Cardiac Rhythm: [Sinus / Atrial Fibrillation / Other]	_____
Blood Pressure:	_____	Stroke Severity Screen findings (C-STAT, FAST-ED, LAMS, RACE, etc.):	_____
<b>ADVANCE NOTIFICATION SCRIPT:</b>			
<ul style="list-style-type: none"> <li>• This is Ambulance XX calling with a CODE STROKE</li> <li>• Patient is a YY year old with [stroke signs &amp; symptoms]</li> <li>• Symptoms started [give last known well time] and discovered [give symptom discovery time]</li> <li>• Pertinent medical history includes: [any "Yes" answers from "Patient History" above]</li> <li>• Our assessment showed:               <ul style="list-style-type: none"> <li>» [BP], [glucose], [rhythm on monitor]</li> <li>» Stroke Screen was: [list any abnormalities on stroke screen (e.g., CPSS, FAST, LAPSS)]</li> <li>» Stroke Severity screen was: [list any abnormalities on stroke severity screen (e.g., C-STAT, FAST-ED, LAMS, RACE)]</li> <li>» [if any interventions provided en route, include those (e.g., supplemental O2, etc.)]</li> </ul> </li> <li>• Our ETA is ZZ minutes</li> </ul>			

## EMS STROKE ALERT!

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

LKW TIME \_\_\_\_\_ SYMPTOM DISCOVERY TIME \_\_\_\_\_  
 \_\_\_\_\_ AM / PM \_\_\_\_\_ AM / PM

### WITNESS CONTACT PHONE NUMBER

Individual who saw the person at LKW or any symptom discover time.

( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

CPSS  Positive  Negative

C-STAT  Positive  Negative

FSBS \_\_\_\_\_

Has the patient taken any blood thinners in the past 48 hours?

Coumadin (warfarin)  Xarelto (rivaroxaban)

Pradaxa (dabigatran)  Eliquis (apixaban)

Lovenox (enoxaparin) Other \_\_\_\_\_

**ACTIVATE ED STROKE ALERT ASAP**

# EMS Care

- Severity Screening
- Destination



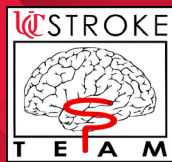


# EMS Mantra

RIGHT CARE.

RIGHT TIME.

RIGHT PLACE.

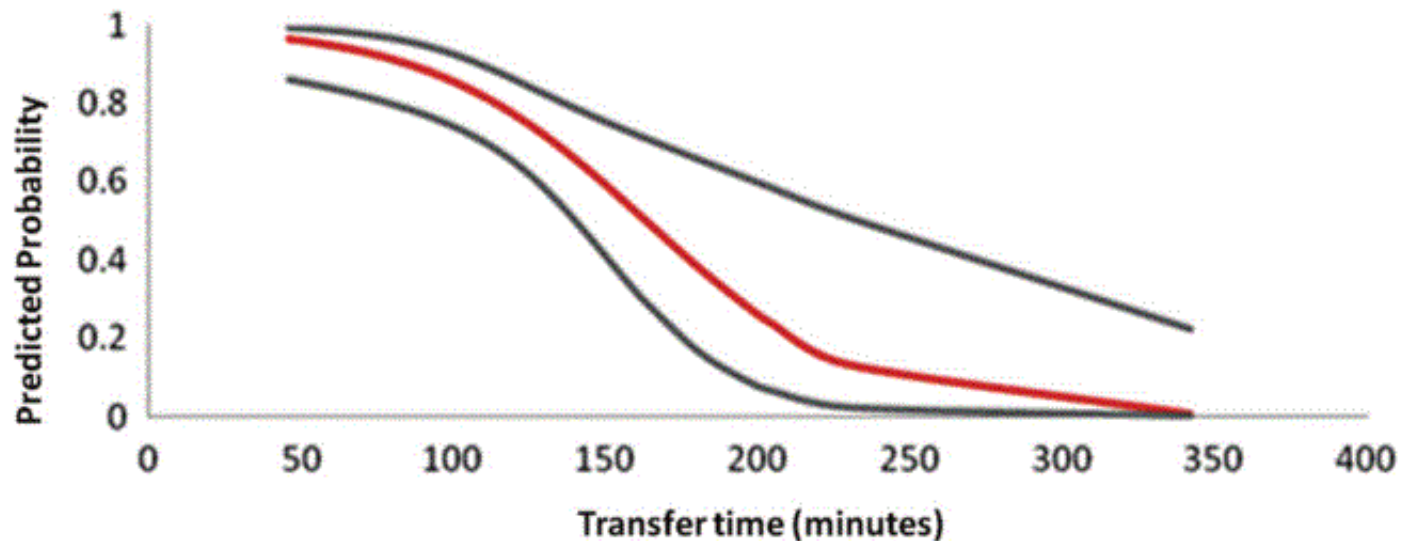


# Severe Stroke Screening

- Since 2015, focus has shifted to prehospital screening for severe stroke
- Direct transport to comprehensive stroke centers:
  - ASRH: thrombolysis → transfer
  - PSC: thrombolysis → inpatient admission
  - TSC: thrombolysis, endovascular → inpatient admission
  - CSC: thrombolysis, endovascular, hemorrhagic stroke → Neuro ICU

# Interfacility Transfer Times

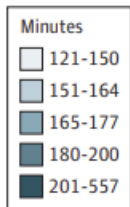
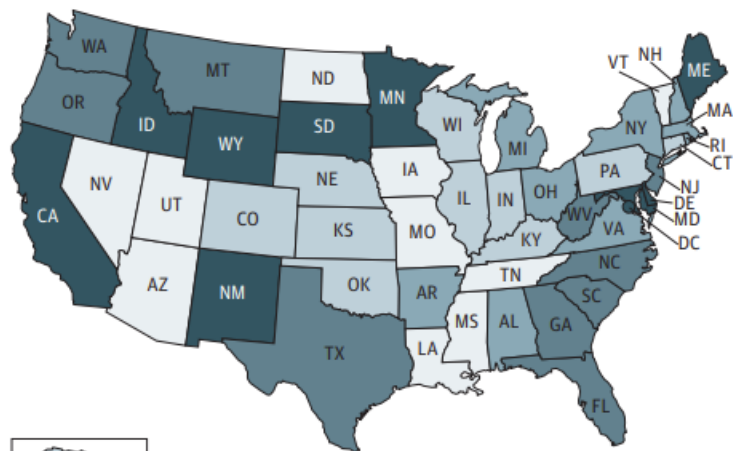
Predicted Probability of Attempted IAT by Transfer Time



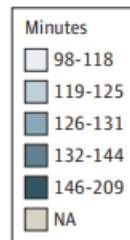
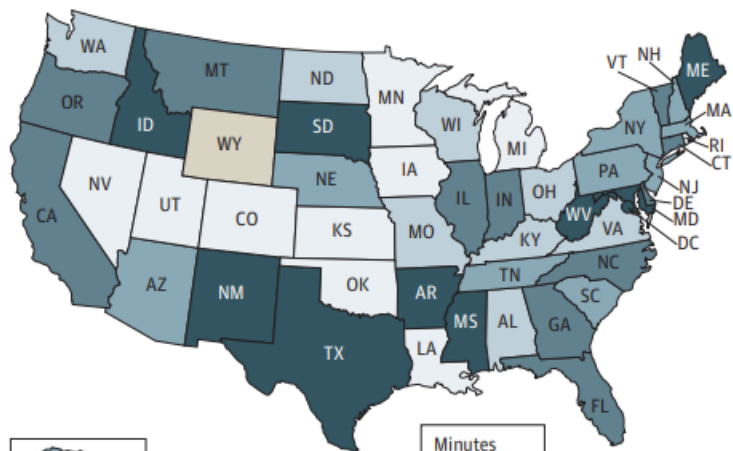
# Interfacility Transfer Times

Figure 2. Median Door-in-Door-out Times by State

**A** Overall



**B** Acute ischemic stroke eligible for endovascular therapy








## SPECIAL REPORT

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### Recommendations for Regional Stroke Destination Plans in Rural, Suburban, and Urban Communities From the Prehospital Stroke System of Care Consensus Conference

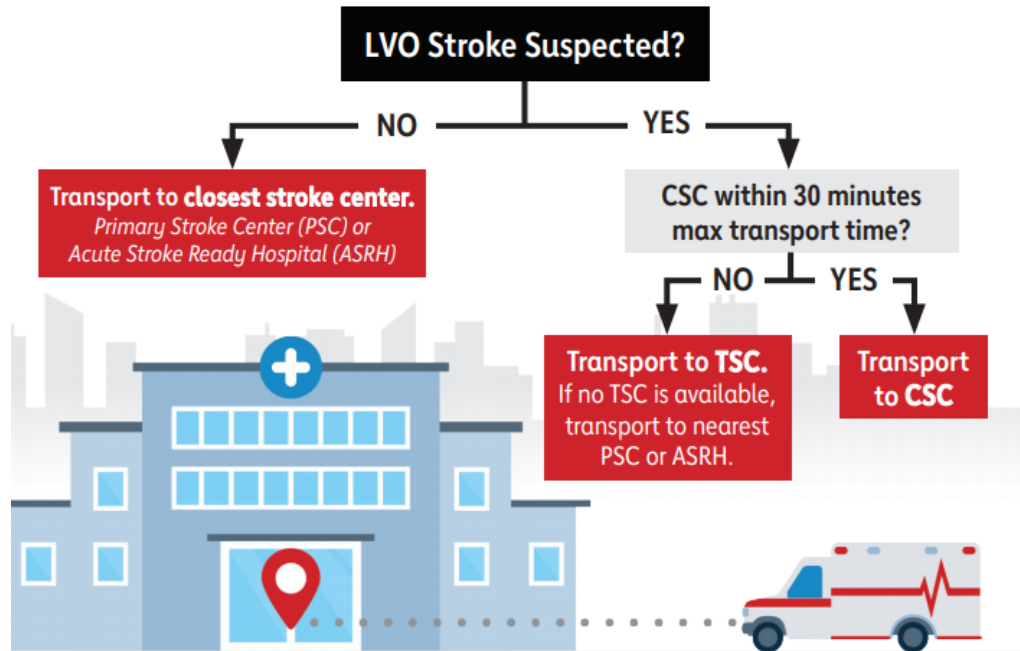
A Consensus Statement From the American Academy of Neurology, American Heart Association/American Stroke Association, American Society of Neuroradiology, National Association of EMS Physicians, National Association of State EMS Officials, Society of NeuroInterventional Surgery, and Society of Vascular and Interventional Neurology: Endorsed by the Neurocritical Care Society

Edward C. Jauch , MD; Lee H. Schwamm , MD; Peter D. Panagos, MD; Jolene Barbazzani , RN; Robert Dickson, MD; Robert Dunne, MD; Jenevra Foley, MSL, RHIA, CCP; Justin F. Fraser, MD; Geoffrey Lassers, PMD, AAS; Christian Martin-Gill, MD; Suzanne O'Brien, MSN, BSN, RN; Mark Pinchalk, MS; Shyam Prabhakaran , MD; Christopher T. Richards , MD; Peter Taillac, MD; Albert W. Tsai, PhD; Anil Yallapragada, MD; on behalf of the Prehospital Stroke System of Care Consensus Conference

# Destination Recommendations



## Stroke Urban Transport Recommendations



# Destination Recommendations



## Stroke Suburban Transport Recommendations

LVO Stroke Suspected?

NO

YES

Transport to **closest stroke center.**  
*Primary Stroke Center (PSC) or  
Acute Stroke Ready Hospital (ASRH)*

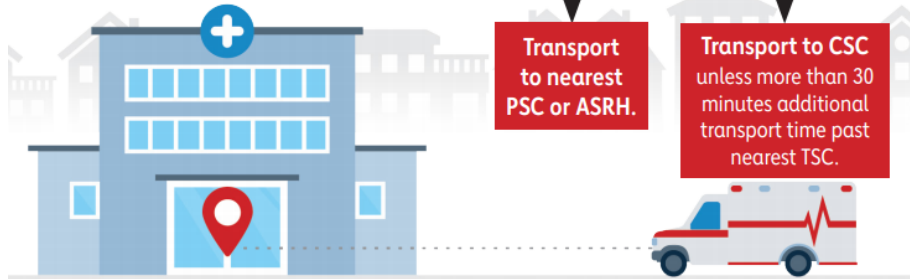
Comprehensive Stroke Center (CSC) or  
Thrombectomy-capable Stroke Center (TSC)  
within 45 minutes max transport time?

NO

YES

Transport to nearest  
PSC or ASRH.

Transport to CSC  
unless more than 30  
minutes additional  
transport time past  
nearest TSC.



## Stroke Rural Transport Recommendations

LVO Stroke Suspected?

NO

YES

Transport to **closest stroke center.**  
*Primary Stroke Center (PSC) or  
Acute Stroke Ready Hospital (ASRH)*

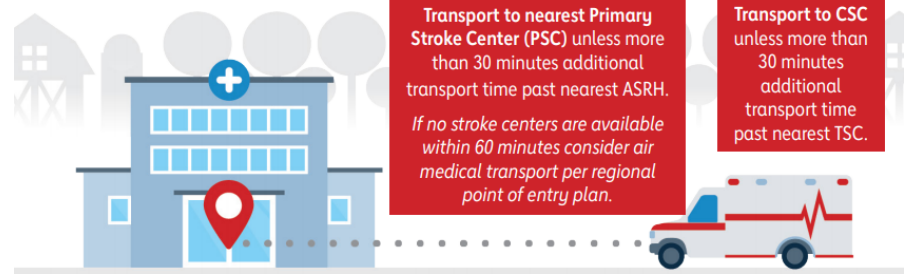
CSC or TSC within 60 minutes  
max transport time?

NO

YES

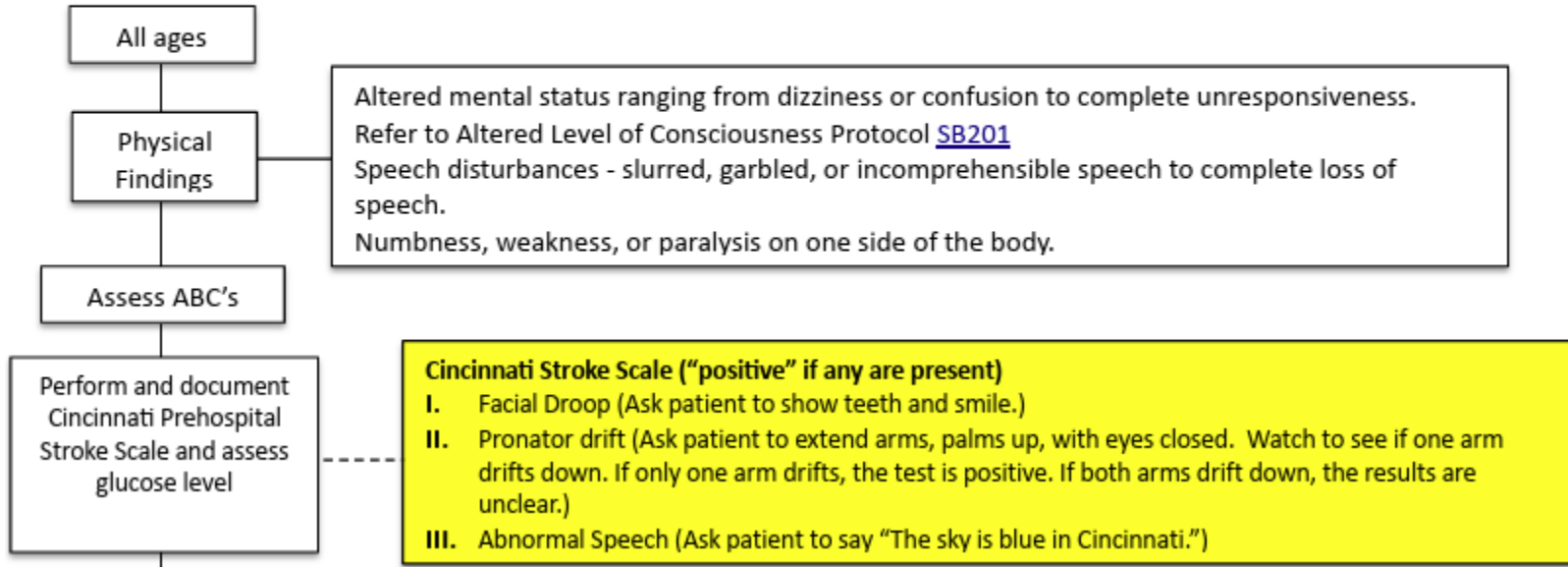
Transport to nearest Primary  
Stroke Center (PSC) unless more  
than 30 minutes additional  
transport time past nearest ASRH.  
*If no stroke centers are available  
within 60 minutes consider air  
medical transport per regional  
point of entry plan.*

Transport to CSC  
unless more than  
30 minutes  
additional  
transport time  
past nearest TSC.

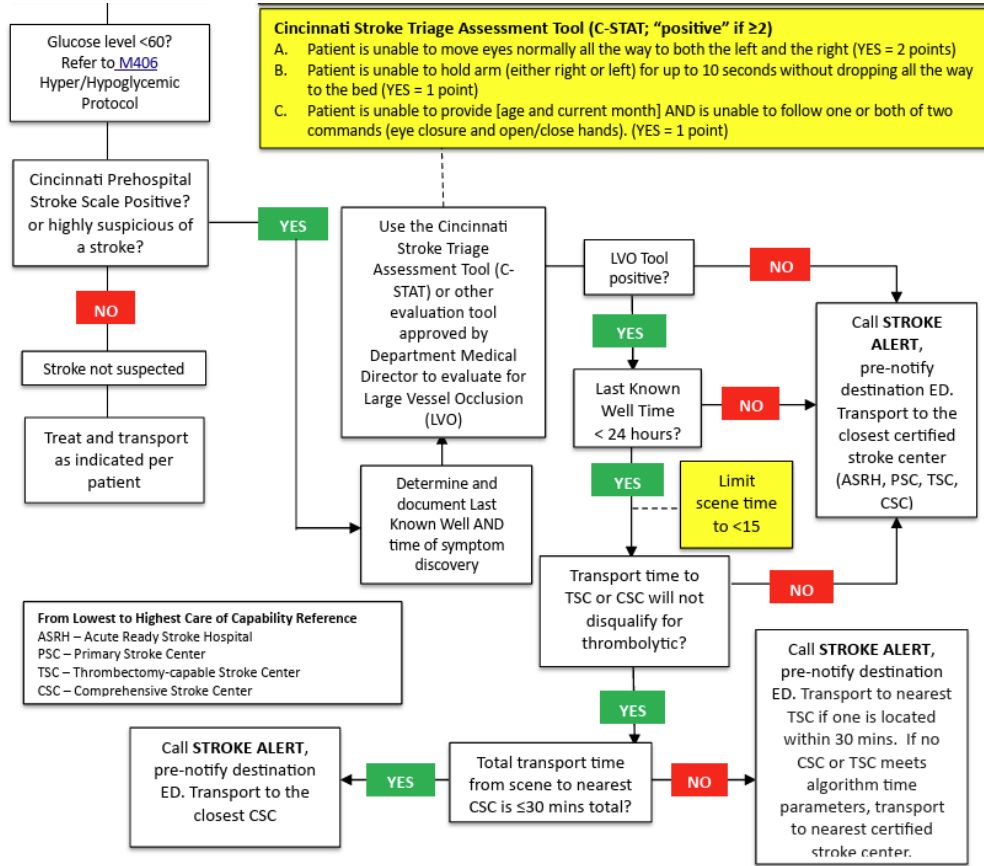


# Basic Stroke Screening

M414	<b>Stroke</b>	M414
Last Modified: 2024	Academy of Medicine of Cincinnati Prehospital Care Clinical Practice Guidelines	2025



# Severe Stroke Screening

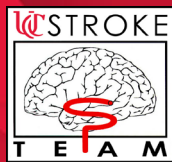




# Severe Stroke Screening

## **Cincinnati Stroke Triage Assessment Tool (C-STAT; “positive” if $\geq 2$ )**

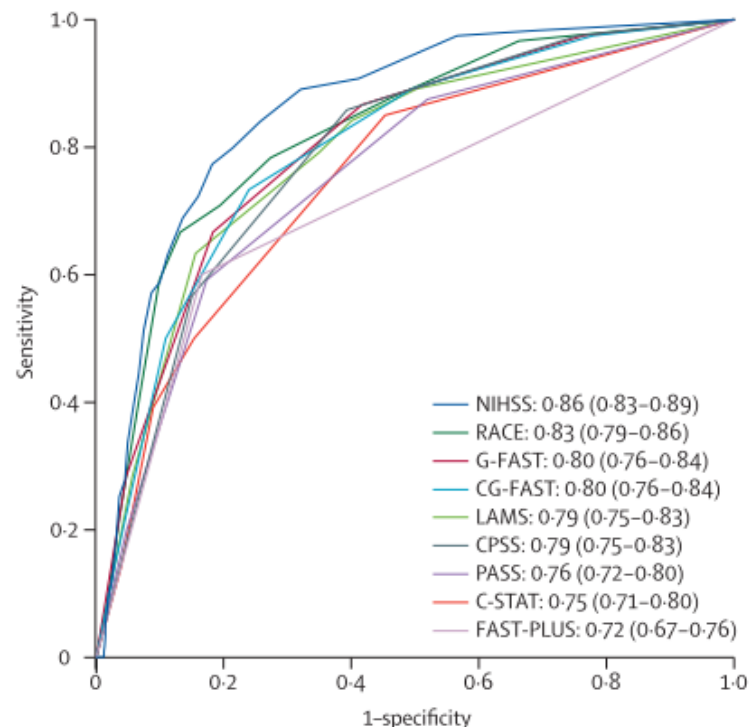
- A. Patient is unable to move eyes normally all the way to both the left and the right (YES = 2 points)
- B. Patient is unable to hold arm (either right or left) for up to 10 seconds without dropping all the way to the bed (YES = 1 point)
- C. Patient is unable to provide [age and current month] AND is unable to follow one or both of two commands (eye closure and open/close hands). (YES = 1 point)



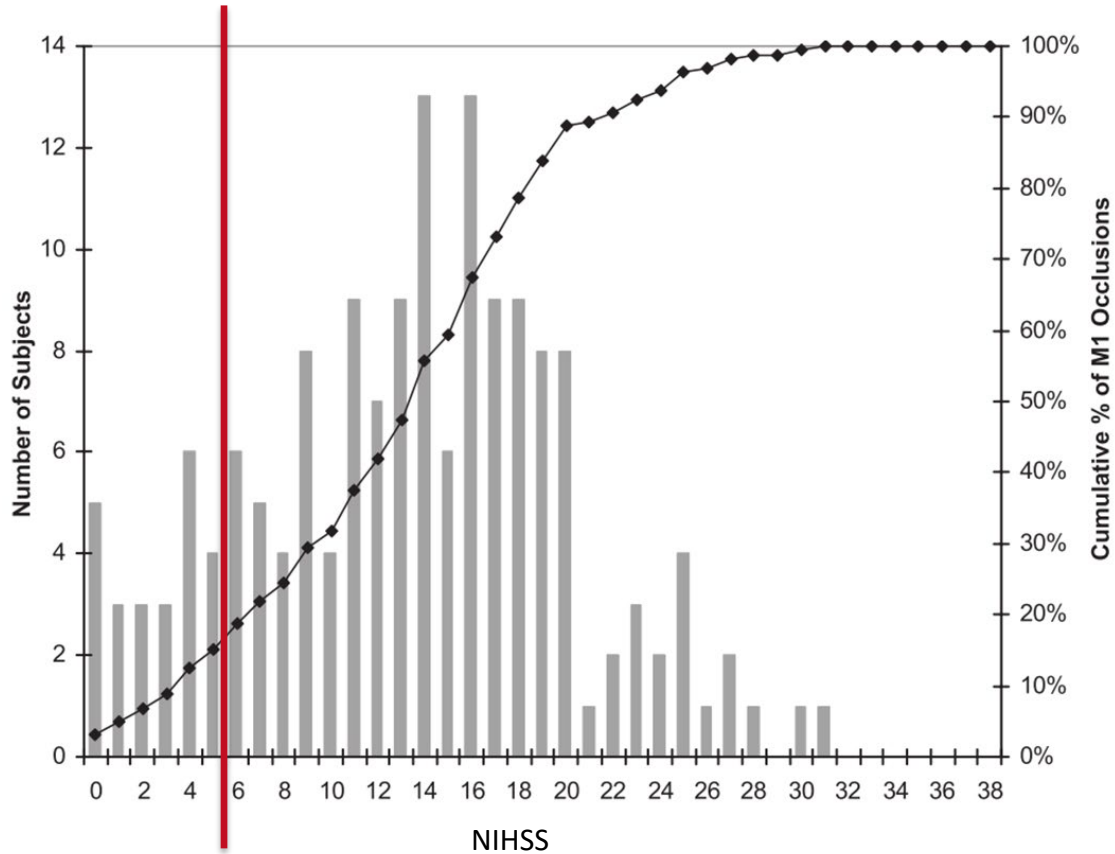
# Severe Stroke Screening

- Many exist
  - RACE, LAMS, C-STAT, etc, etc, etc
- Most prehospital severity screens try to boil down the NIHSS into short, easy to administer screening test
- NIHSS is the “gold standard”
- Make the screen shorter and simpler

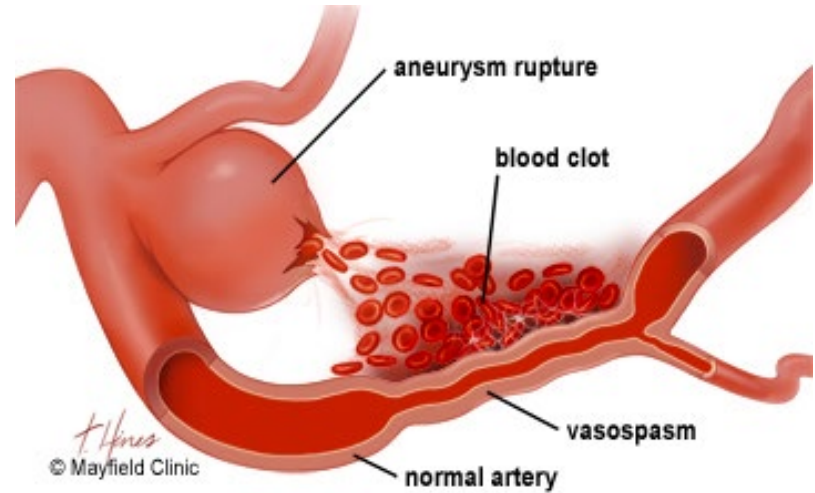
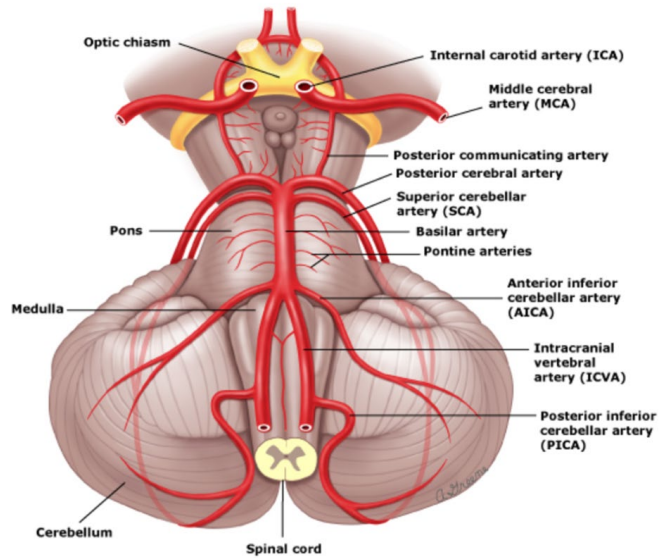
- They are “screens,” not “diagnosis”
  - Balance Sensitivity and Specificity
- Trade off between missing some stroke patients and over-triage of non-strokes to stroke centers
- Gaps
  - Posterior circulation
  - SAH

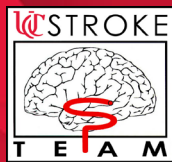


# Severe Stroke Screening



# Severe Stroke Screening

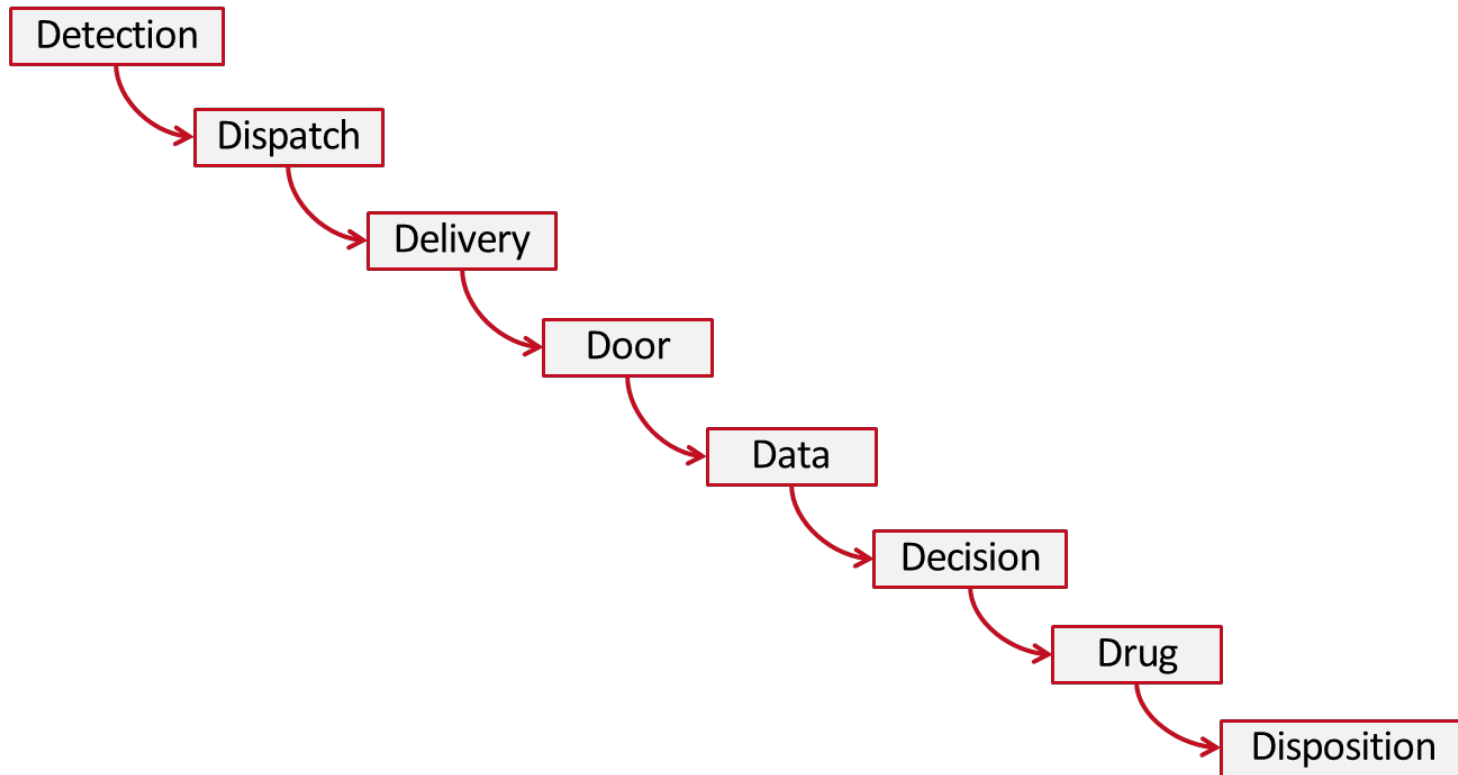




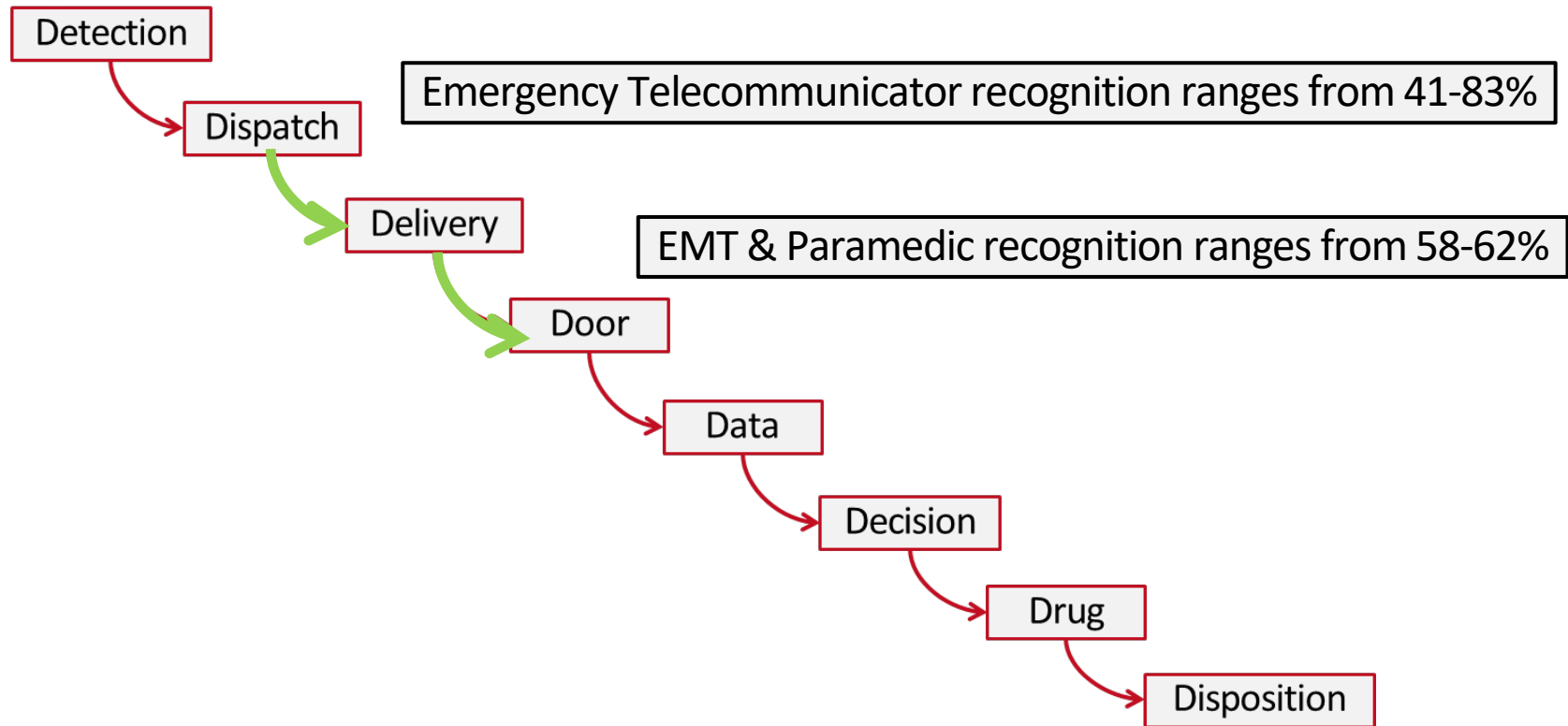
# Outcome of Interest?

- What is the best diagnosis to screen for?
- LVO?
  - TSC or CSC
- LVO with severe syndrome?
  - EVT candidates
    - TSC or CSC
  - AIS with high likelihood of decompressive craniectomy
    - CSC
- LVO or ICH?
  - CSC

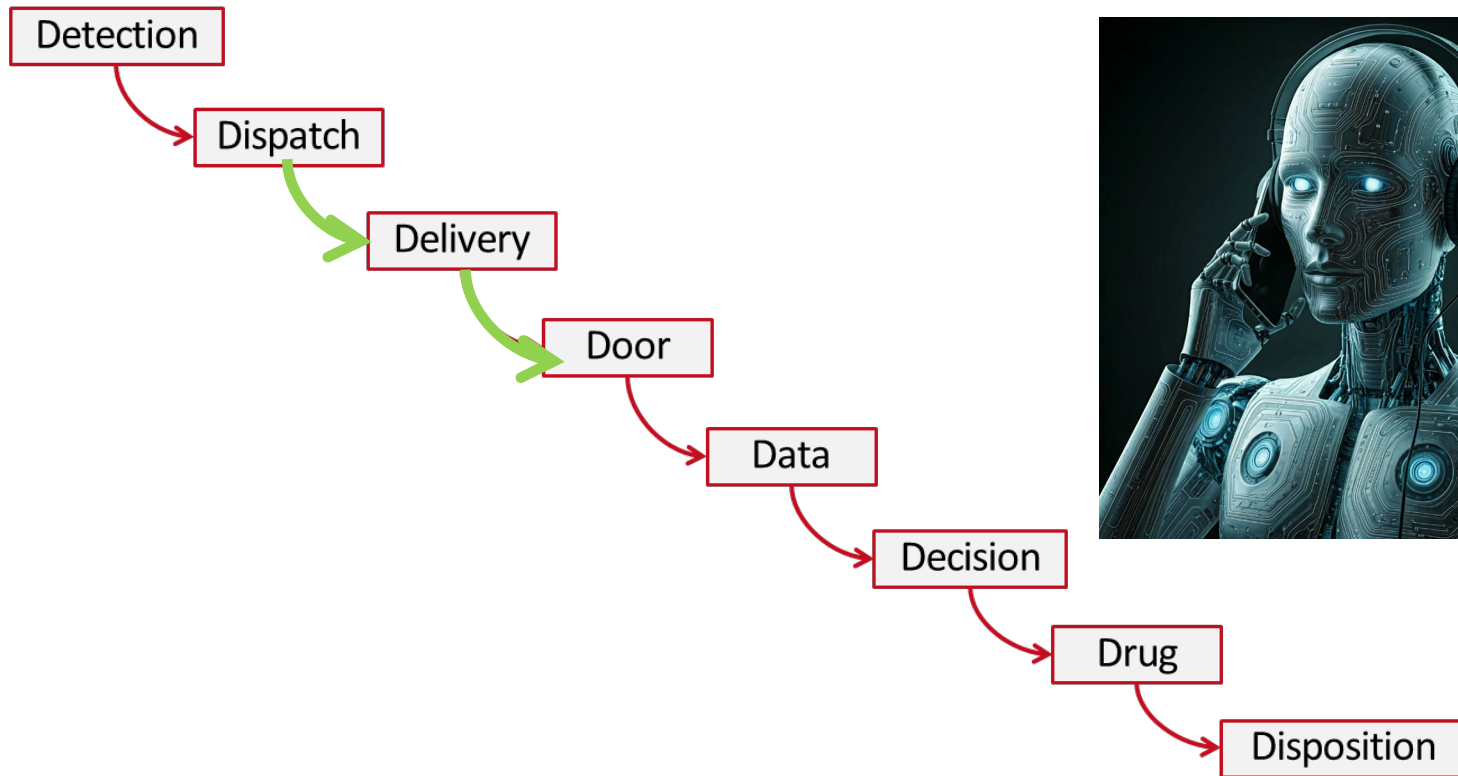
# Optimization



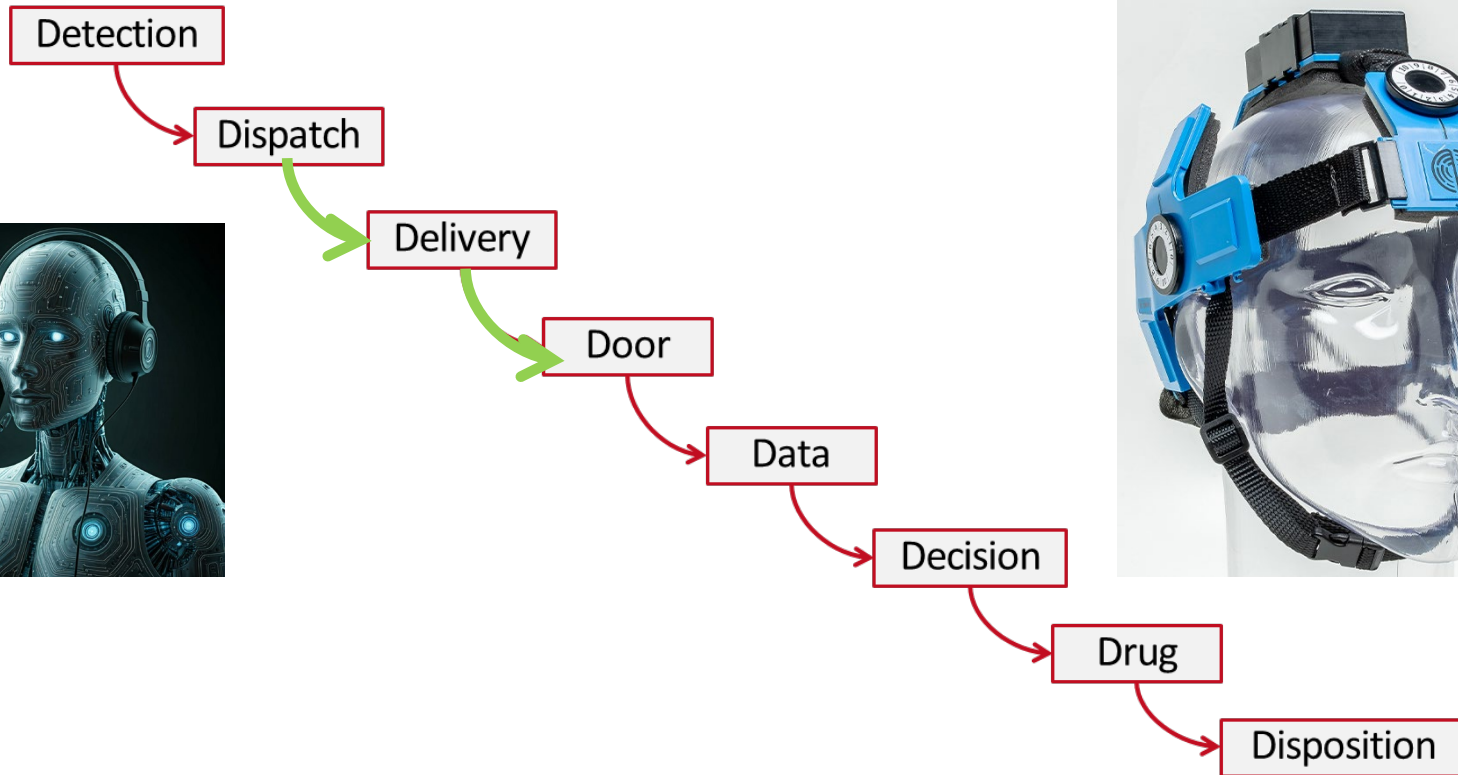
# Optimization

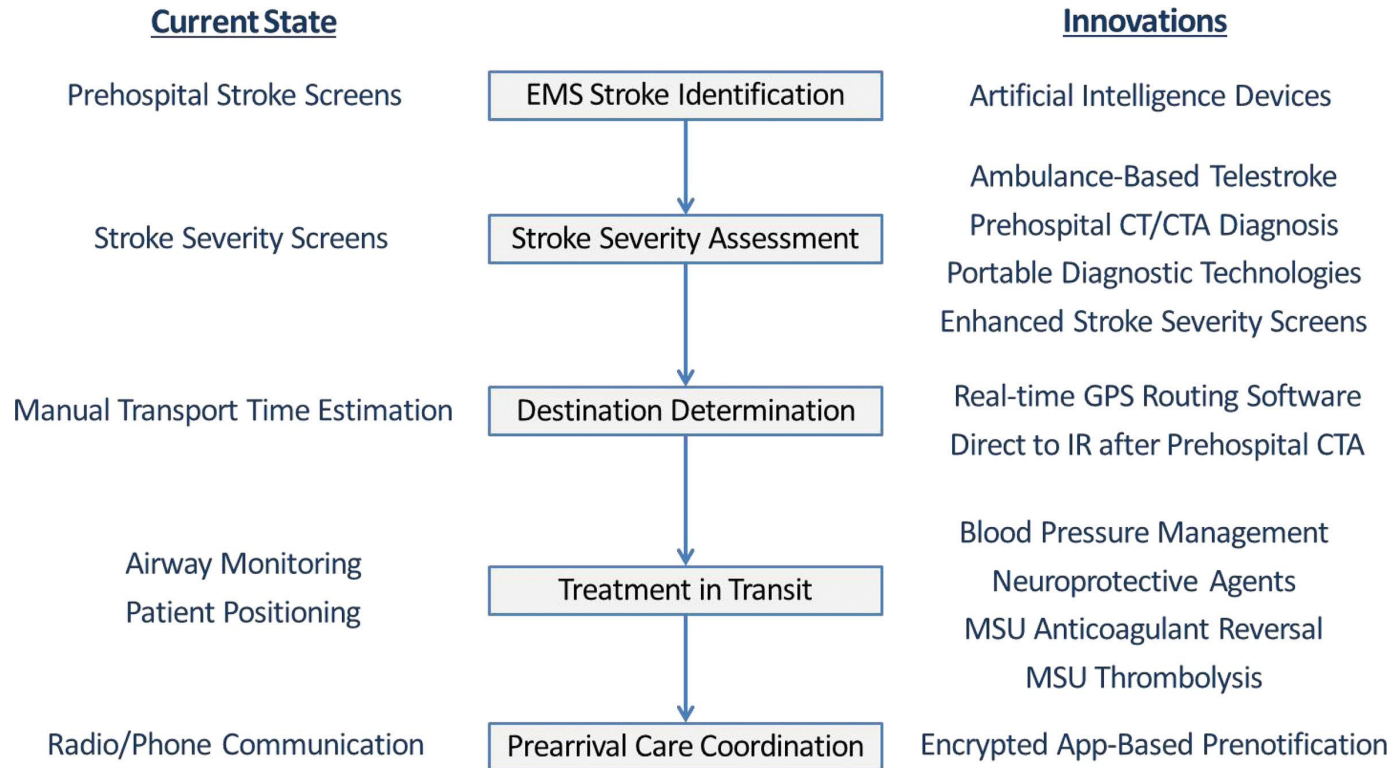


# Optimization



# Optimization





Screening



Diagnosis

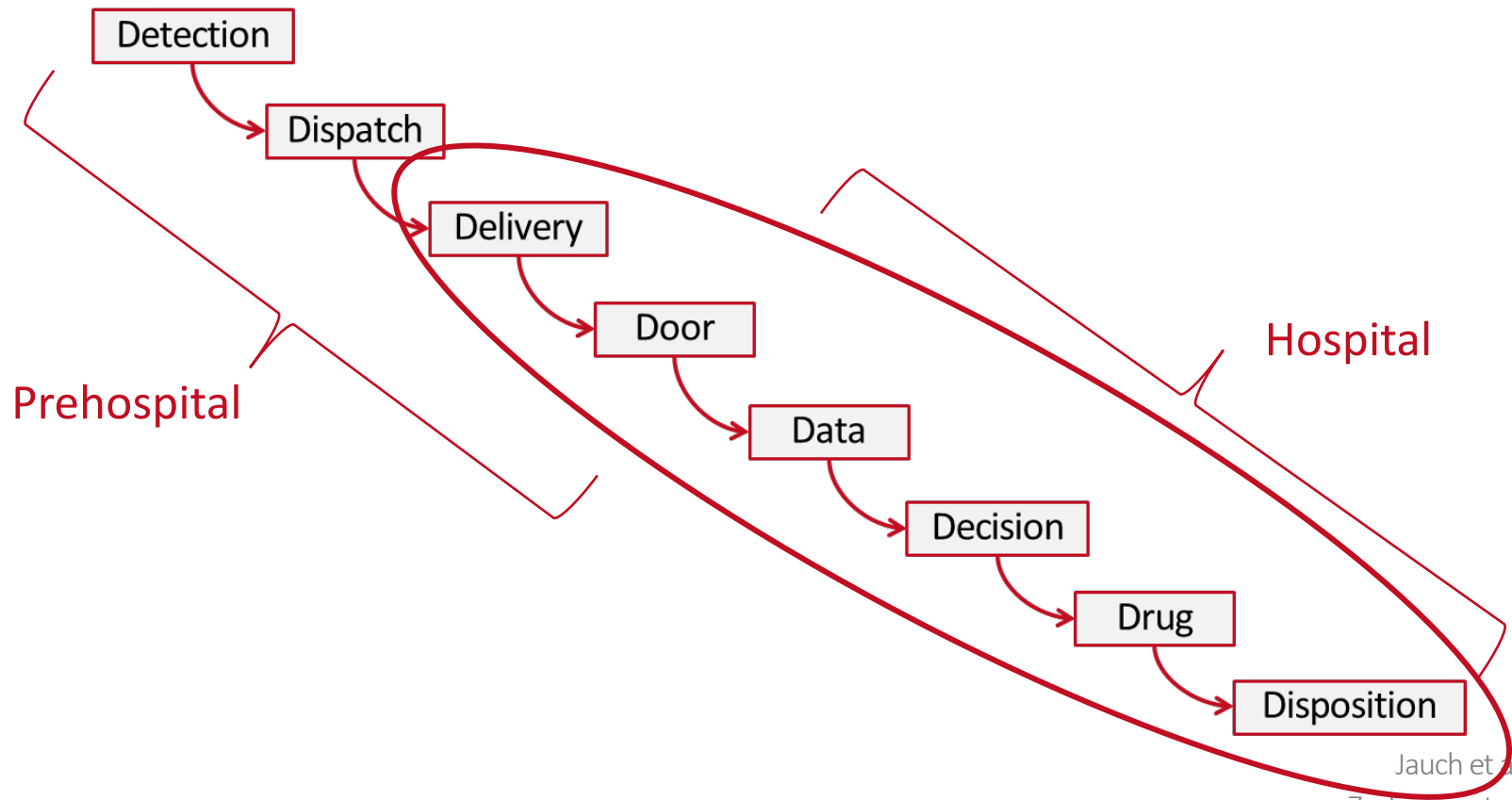


**Cincinnati Stroke Triage Assessment Tool (C-STAT; "positive" if  $\geq 2$ )**

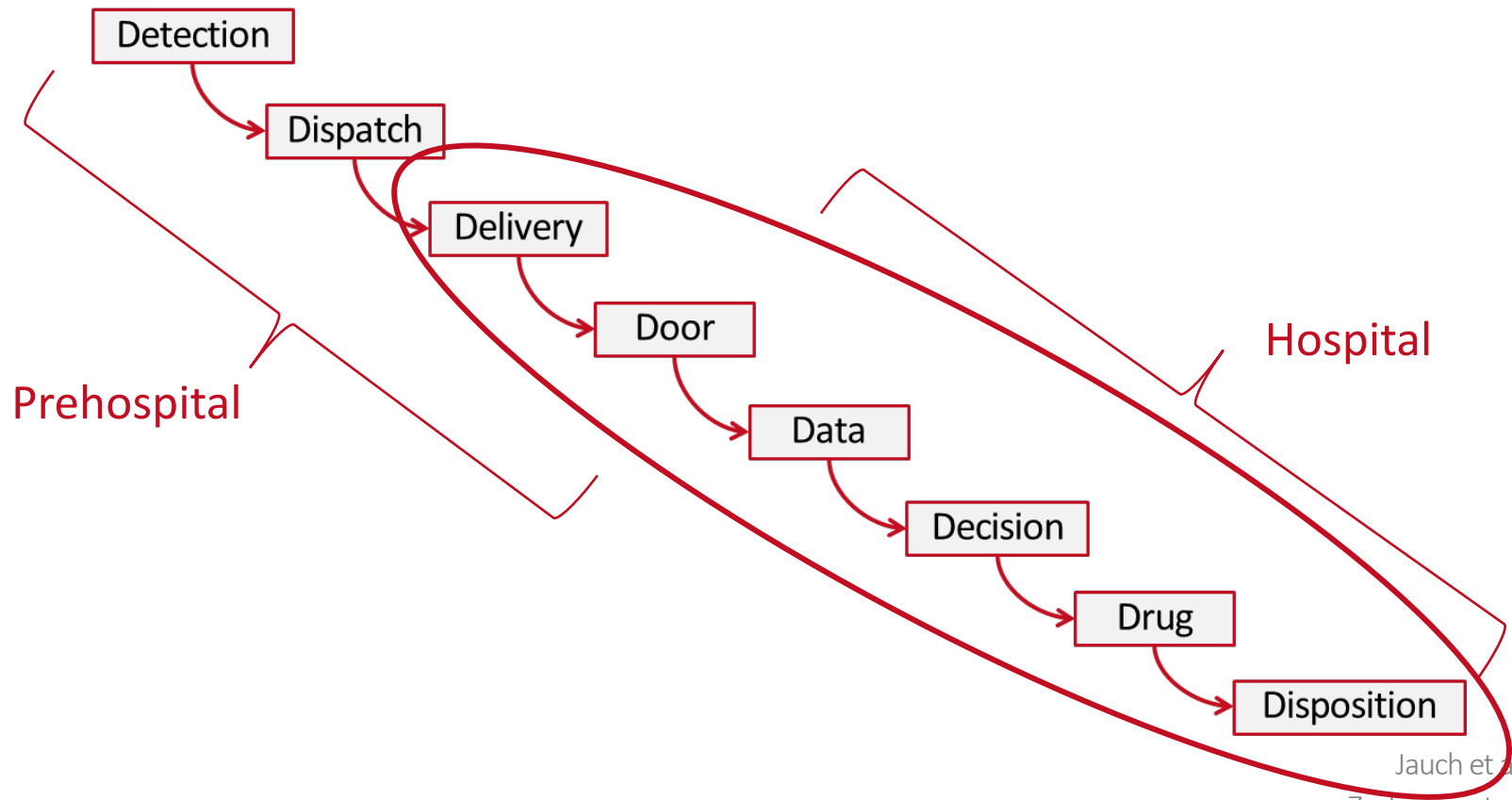
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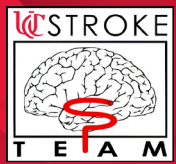


# Stroke Chain of Survival

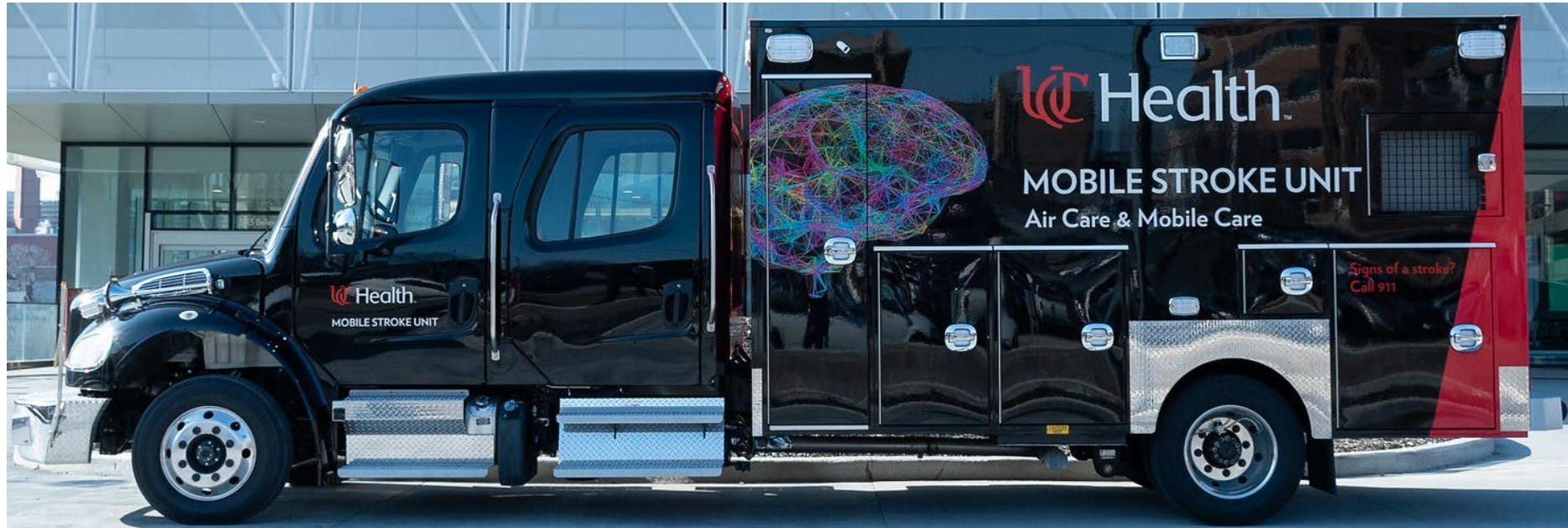


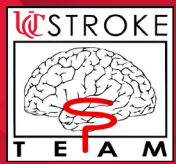
# ASRH on Wheels





# ASRH on Wheels





# Mobile Stroke Unit



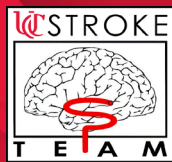
- **Diagnostics**

- Non-contrast CTH
- (CTA Head)
- POC glucose, VBG, INR, creatinine

- **Therapeutics**

- Thrombolytic
- K-Centra, Vitamin K, TXA
- Labetalol, nicardipine gtt, 3% saline, Keppra
- Midazolam, allergy cocktail, RSI meds, routine ALS meds





# Time Savings

- PHANTOM-S (Berlin)
  - 25-minute quicker alarm-to-treatment time
  - 33% tPA treatment in STEMO vs 21% in control
  - No increased ICH
- BEST-MSU (Houston)
  - First five months of data
  - Symptom onset to needle time <60 min in 45% of patients
  - 178 minute average symptom onset to groin for IA patients
- PHAST (Cleveland)
  - Average last known well to needle: 123 min → 97 min



# Patient Outcomes



## Association Between Dispatch of Mobile Stroke Units and Functional Outcomes Among Patients With Acute Ischemic Stroke in Berlin

Martin Ebinger, MD; Bob Siegerink, PhD; Alexander Kunz, MD; Matthias Wendt, MD; Joachim E. Weber, MD; Eugen Schwabauer, MD; Frederik Geisler, MD; Erik Freitag, MD; Julia Lange, MD; Janina Behrens, MD; Heben Erdur, MD; Ramanan Ganeshan, MD; Thomas Liman, MD; Jan F. Scheitz, MD; Ludwig Schlemm, MD; Peter Harmel, MD; Katja Zieschang, MD; Irina Lorenz-Meyer, MSc; Ira Napierkowski, Dr rer nat; Carolin Waldschmidt, MD; Christian H. Nolte, MD; Ulrike Grittner, DrPhil; Edzard Wiener, MD; Georg Bohner, MD; Darius G. Nabavi, MD; Ingo Schmehl, MD; Axel Ekkernkamp, MD; Gerhard J. Jungehulsing, MD; Bruno-Marcel Mackert, MD; Andreas Hartmann, MD; Jessica L. Rohmann, MScPH; Matthias Endres, MD; Heinrich J. Audebert, MD; for the Berlin\_PRehospital Or Usual Delivery in stroke care (B\_PROUD) study group

B\_PROUD

JAMA. 2021;325(5):454-466. doi:10.1001/jama.2020.26345

BEST-MSU

The NEW ENGLAND  
JOURNAL of MEDICINE

ESTABLISHED IN 1812

SEPTEMBER 9, 2021

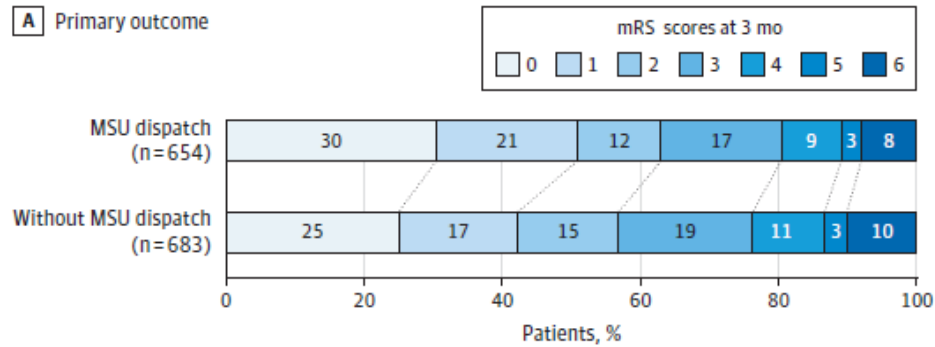
VOL. 385 NO. 11

### Prospective, Multicenter, Controlled Trial of Mobile Stroke Units

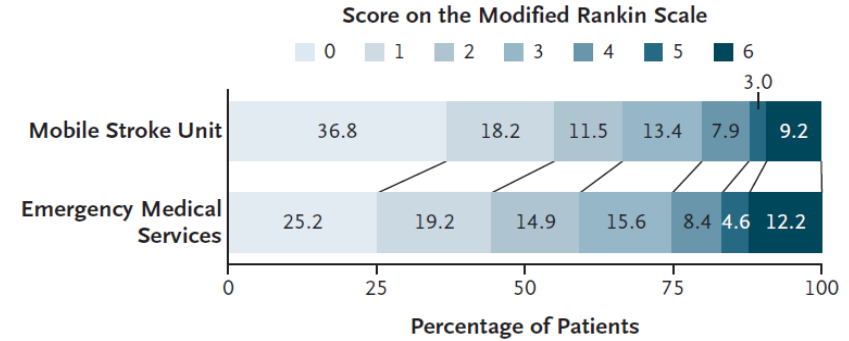
J.C. Grotta, J.-M. Yamal, S.A. Parker, S.S. Rajan, N.R. Gonzales, W.J. Jones, A.W. Alexandrov, B.B. Navi, M. Nour, I. Spokoyny, J. Mackey, D. Persse, A.P. Jacob, M. Wang, N. Singh, A.V. Alexandrov, M.E. Fink, J.L. Saver, J. English, N. Barazangi, P.L. Bratina, M. Gonzalez, B.D. Schimpf, K. Ackerson, C. Sherman, M. Lerario, S. Mir, J. Im, J.Z. Willey, D. Chiu, M. Eisshofer, J. Miller, D. Ornelas, J.P. Rhudy, K.M. Brown, B.M. Villareal, M. Gausche-Hill, N. Bosson, G. Gilbert, S.Q. Collins, K. Silnes, J. Volpi, V. Misra, J. McCarthy, T. Flanagan, C.P.V. Rao, J.S. Kass, L. Griffin, N. Rangel-Gutierrez, E. Lechuga, J. Stephenson, K. Phan, Y. Sanders, E.A. Noser, and R. Bowry

## B\_PROUD

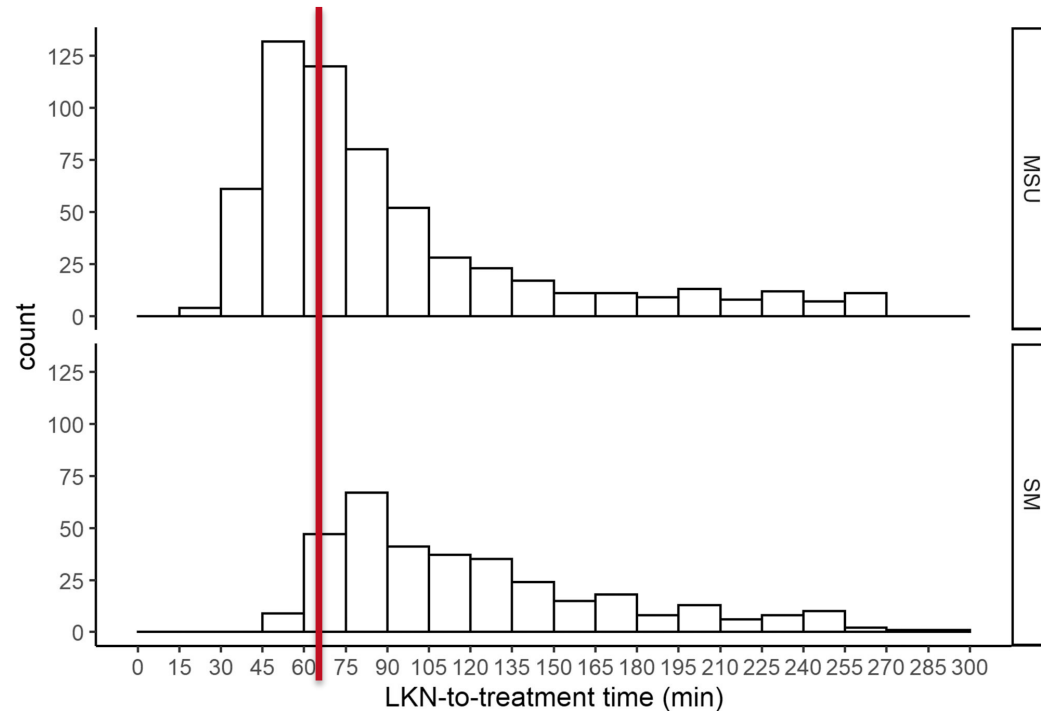
**A** Primary outcome

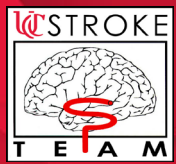


## BEST-MSU

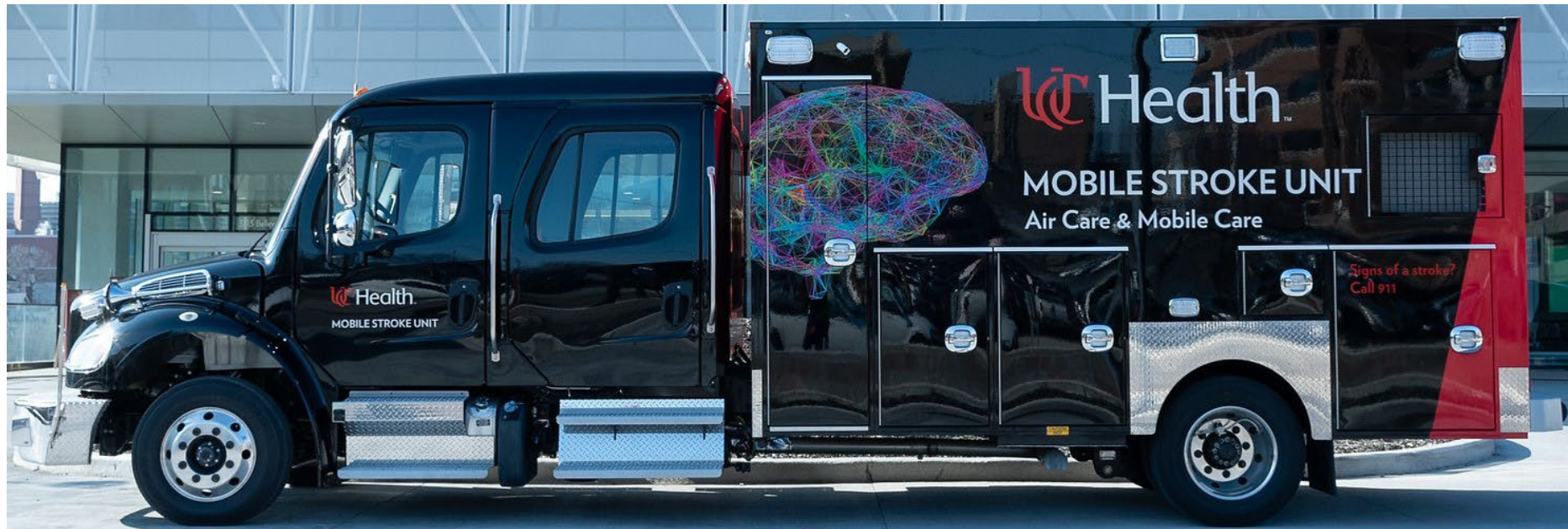


# Patient Outcomes



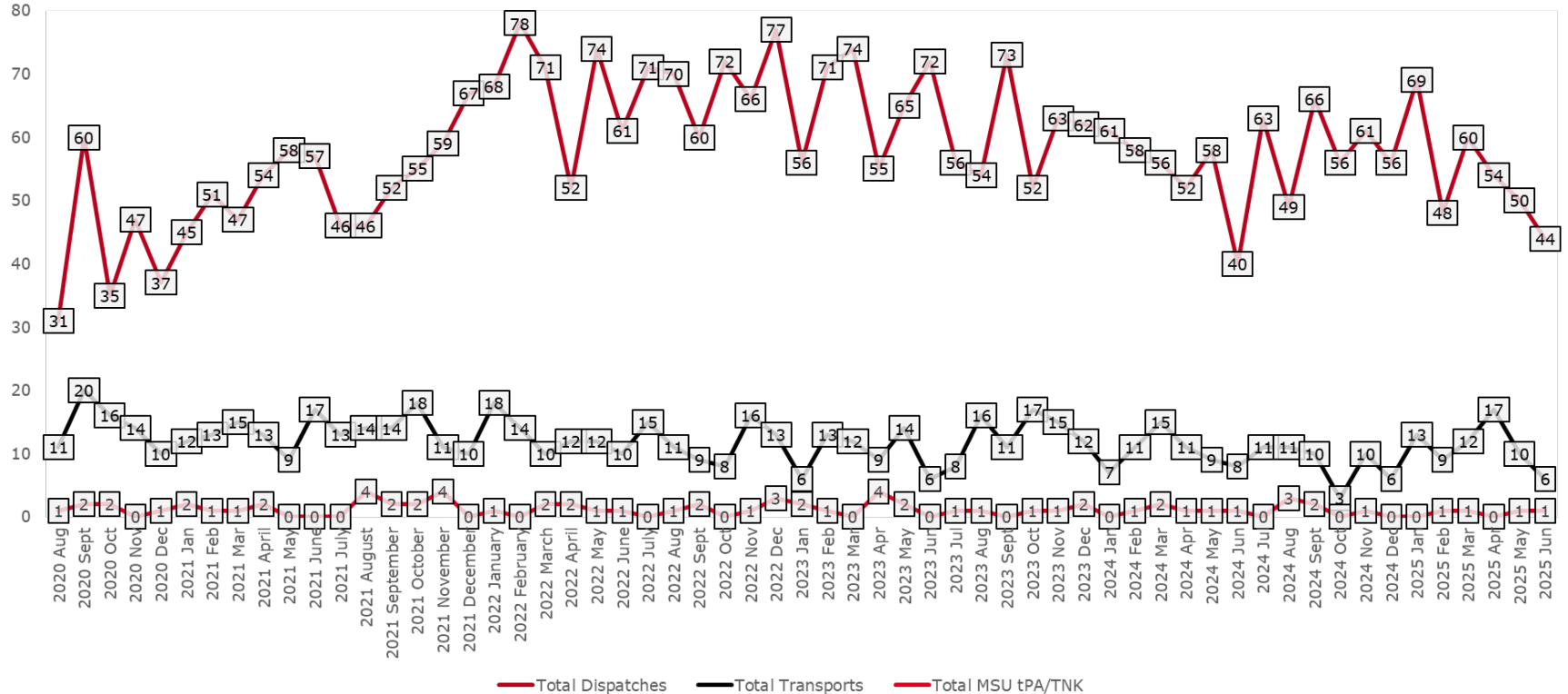


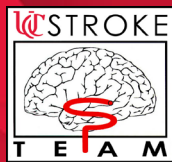
# UCH Mobile Stroke Unit



# UCH MSU Utilization

UCH MSU Monthly Utilization



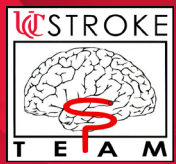


# Treatment Times

27% Golden Hour Thrombolysis

<u>Median Times (Minutes)</u>	UCH MSU*	BEST-MSU	Difference
LKW to Thrombolysis	79	72	+7
Dispatch to Thrombolysis	50	46	+4
MSU Door to Thrombolysis	33	37	-4
Dispatch to EVT Artery Access	139	141	-2
MSU Door to EVT Artery Access	119	131	-12

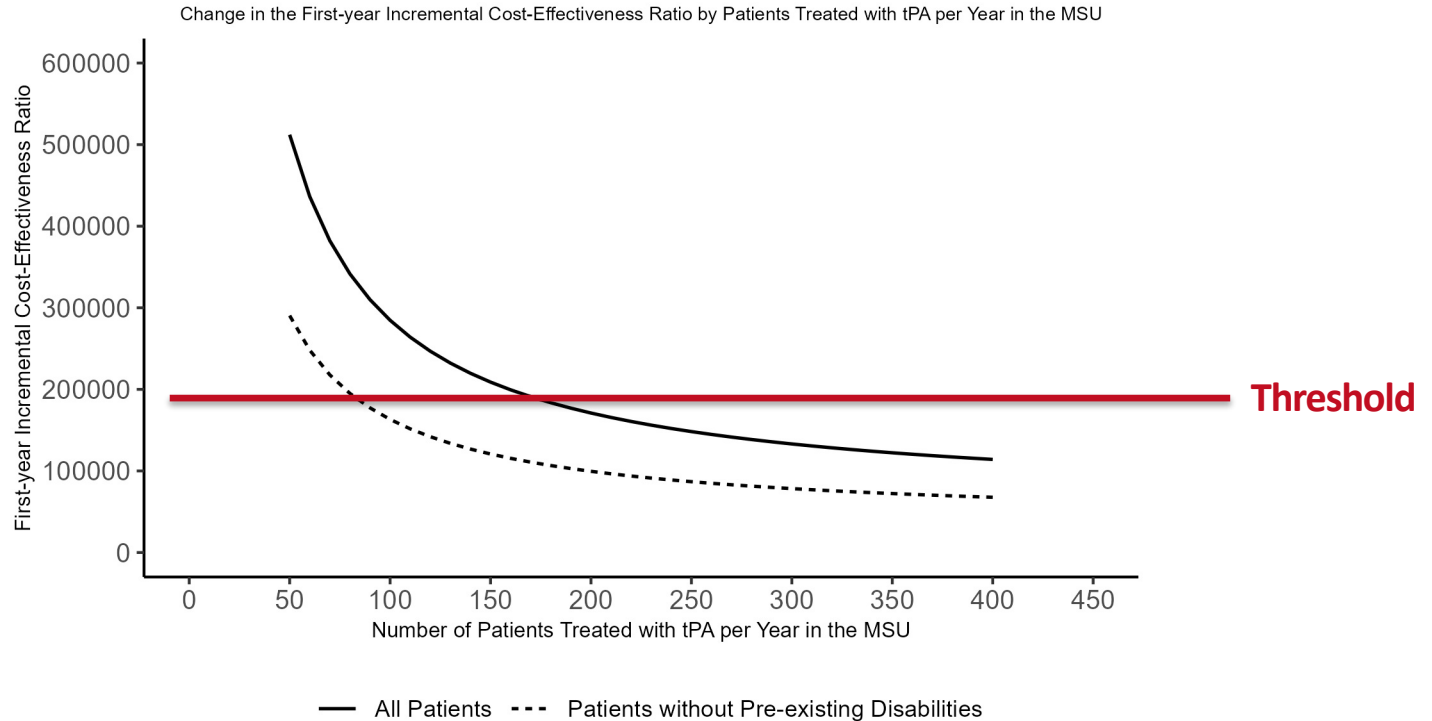
\*IVT = 69; EVT = 53

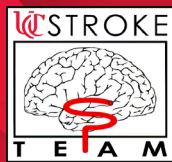


# MSU Sustainability



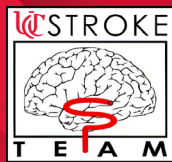
# MSU Sustainability





# MSU Sustainability

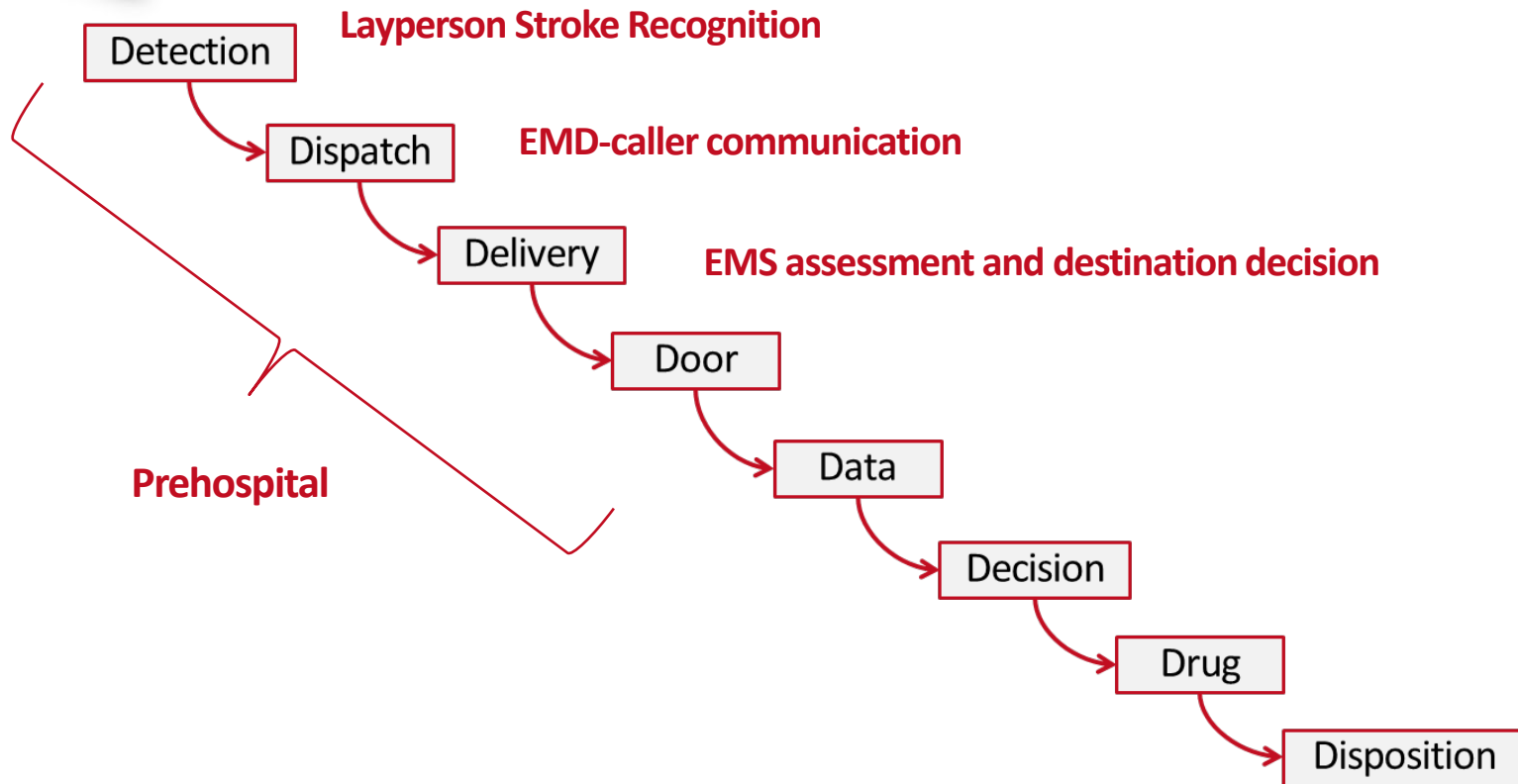
- BEST-MSU cost analysis conclusions:
  - MSU is cost effective
  - But, dependent on a few factors:
    - Pre-existing disability (more favorable for baseline mRS 0-1)
    - Number (& proportion) of thrombolysis administrations
    - Incidence of stroke in the community
    - Cost assumptions



# MSU Sustainability

- BEST-MSU cost analysis conclusions:
  - MSU is cost effective
  - But, dependent on a few factors:
    - Pre-existing disability (more favorable for baseline mRS 0-1)
    - Number (& proportion) of thrombolysis administrations
    - Incidence of stroke in the community
    - Cost assumptions
- MSU Reimbursement
  - Ambulance Fee Schedule doesn't allow for itemized medication
  - PRESTO & others are advocating for changes, but that's a process

# Conclusion



- Questions?

